



**OCTOBER 18, 2022**

**4:30 – 6:00 PM**

**MENTAL HEALTH ADVISORY BOARD  
MINUTES**

**Mental Health Advisory Board Members Present:** Supervisor Monica Brown, Denise Coleman, Daniel Cotton, Rachelle Jackson, Chair, Heather Theaux-Venezio (late) and Michael Wright.

**Behavioral Health Services Division Members Present:** Emery Cowan, Behavioral Health Director, Interim and Tracy Lacey, Senior Mental Health Manager.

**Behavioral Health Services Division Members Absent:** Leticia De La Cruz Salas, Behavioral Health Services Administrator and Kate Grammy, Behavioral Health Services Administrator.

**DISCUSSION & ACTION ITEMS**

4:30 pm	I.	<b>CALL TO ORDER/ROLL CALL</b> The meeting was called to order by Rachelle Jackson at 4:32 pm. A quorum was attained.
4:33 pm	II.	<b>CONFIRMATION OF VIRTUAL DISCUSSION:</b> Consider adopting a resolution of the Mental Health Advisory Board authorizing remote teleconference meetings for the period October 2022 through November 2022 as a result of the continuing Covid-19 pandemic state of emergency.  Rachelle Jackson motioned approval of Mental Health Advisory Board authorizing remote teleconference for November 2022 meeting. The motion was properly moved, seconded and passed with a unanimous vote of 5 in favor and 0 against.
4:35 pm	III.	<b>ITEMS FROM THE PUBLIC</b> There were no items from the public on matters not listed on the Agenda.
4:40 pm	IV.	<b>APPROVAL OF OCTOBER 18, 2022 AGENDA</b> Rachelle Jackson motioned to approve the revised Agenda for October 18, 2022; moving the Member Recruitment and Bylaws agenda item to the November 15, 2022 meeting. The motion was properly moved, seconded and passed with unanimous vote of 5 in favor and 0 against.
4:45 pm	V.	<b>APPROVAL OF SEPTEMBER 20, 2022 MINUTES</b> Rachelle Jackson motioned to approve the September 20, 2022 Minutes. The motion was properly moved, seconded and passed with a unanimous vote of 4 in favor and 0 against. Supervisor Monica Brown abstained from voting since she was not present for that meeting.
4:50 pm	VI.	<b>SCHEDULED CALENDAR</b> <ol style="list-style-type: none"><li>1 Routine Business<ol style="list-style-type: none"><li>a Laura’s Law Assisted Outpatient Treatment (AOT) Referrals Please refer to attached Director’s Report.</li><li>b MH Related Legislation There were no updates during this meeting.</li><li>c LPS/PES Meeting Discussion There were no updates during this meeting.</li></ol></li><li>2 New Business<ol style="list-style-type: none"><li>a California State Board of Pharmacy 355 Tuolumne Permit Update Marie Fe-Tiongson provided the Mental Health Advisory Board members and the public with changes/updates related to California State Board of Pharmacy 355 Tuolumne Permit which are required by the State Board of Pharmacy (DEA) when changes/updates occur, below are the items sought.</li></ol></li></ol>

		<ul style="list-style-type: none"> <li>i Effective Nov. 15, 2022, Dr. Pottenger, MD, Mental Health Medical Director is now going to be the Professional Director for the Solano County HS&amp;SS Vallejo Mental Health clinic Pharmacy Permit, CLE 1734. He replaces Dr. Bela T. Matyas, Solano County Health Officer as the Pharmacy Permit Professional Director.</li> <li>ii Effective the new fiscal year starting July 1, 2023, Ali Sarhaddi PhamD. of Gateway Pharmacy will be the Consulting Pharmacist and Jennifer R. Courtney PharmD. as Assistant Consulting Pharmacist for the Solano County HS&amp;SS Vallejo Mental Health clinic Pharmacy Permit, CLE 1734. They replace Janet Aiso PharmD. whose contract ends on June 30, 2023.</li> </ul> <p>The Mental Health Advisory Board members agreed to the changes/updates provided above and did not have any concerns.</p>
5:05 pm	VII.	<b>PUBLIC COMMENTS</b> There were no items from the Public on matters listed on the Agenda.
5:10 pm	VIII.	<b>STAFF REPORTS</b> <ol style="list-style-type: none"> <li>1 Director's Report Emery Cowan highlighted items from her report, i.e. Laura's Law and forensic referrals, ARPA BH Projects, Opioid Settlement Funds, BH vacancies, mental health facility ribbon cutting postponement, BH newsletter, etc.  Please refer to attached Director's Report for more information.</li> <li>2 MHSA Report Tracy Lacey provided updates on suicide rates, CARE Court, SB1302, community and school based mobile crisis.  Ms. Lacey announced that the Mental Health Services Act (MHSA) Annual Public Hearing will be held on Tuesday, December 13, 2022, 2022 from 4:00 pm - 5:00 pm, followed by Mental Health Advisory Board (MHAB) from 5:00 – 6:00 pm. We need quorum from the Board.  Monica Brown motioned approval of moving the December 20, 2022 meeting to December 13, 2022 and having MHSA Annual Public Hearing will go first, from 4:00 – 5:00 pm followed by the MHAB from 5:00 – 6:00 pm as state above.  The motion was properly moved, seconded and passed with a unanimous vote of 6 in favor and 0 against.</li> </ol>
5:25 pm	IX.	<b>COMMITTEE REPORTS</b> <ol style="list-style-type: none"> <li>1 Executive Board There were no updates during this meeting.</li> <li>2 Membership There were no updates during this meeting.</li> <li>3 Outreach and Education There were no updates during this meeting.</li> </ol>
5:35 pm	X.	<b>BOARD DISCUSSION</b> Board members provided updates or concerns relating to mental health issues affecting our community. Some of those topics included the ribbon cutting for the new Board & Care and Augmented Board & Care building, community Mobile Crisis, jail visitation issues, etc.
6:00 pm	XI.	<b>ADJOURN</b> The meeting was adjourned by Rachelle Jackson at 5:41 pm.

DEPARTMENT OF HEALTH & SOCIAL SERVICES  
Behavioral Health Services Division

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## Memorandum

To: Local Behavioral Health Advisory Boards (MHAB/ADAB)  
From: Emery Cowan, LPCC, LMHC- Interim BH Director  
Date: October 11, 2022  
RE: Monthly report of significant issues

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*This report is shared across advisory boards on a monthly or at least quarterly frequency. Any questions can be sent to [ecowan@solanocounty.com](mailto:ecowan@solanocounty.com)*

### ARPA Projects for BH:

On September 27th, Solano BH received approval from the Board of Supervisors on recommendations for the use of Federal American Rescue Plan Act (ARPA) funds to support 4 projects that aligned with Board-approved categories. Full details on the proposals can be found [here](#):

1. **Mental Health Treatment Facility Funds-** to fund Year 2 operations cost for the new 32-bed treatment facility that will be operated by Y3C starting January 1, 2023.
2. **Substance Use Treatment Facility Funds:** to support BHCIP grantees via an RFP in funding gaps that will help build up to 62 substance use residential and withdrawal management (Detox) beds in Solano.
3. **BH Internship Program:** to fund year 1 & 2 of an expanded program to offer internship opportunities across various levels of trainees like peer volunteers, clinicians, psychologists & psychiatry/medical to improve recruitment efforts.
4. **BH & Courts Mapping:** to fund consultation support to develop an updated Sequential Intercept Model map for Solano supporting jail diversion, mental health and drug court, and other new initiatives with local leadership and community involvement.

**Opioid Settlement Funds-** Solano County has received notice of upcoming Opioid Settlement Distribution [Funds](#) and are creating a plan to address overdose prevention and opioid use. Counties and cities get to keep their funding or decide if to reallocate to a County to lead the efforts. So far, we will be receiving funds from 3 cities (total amounts pending, re: county allocation and potentially some cities) and will continue to plan and engage in community feedback on needs.

**Crisis Intervention Team (CIT) Training-** BH hosted its first CIT training for law enforcement and first responders during mental health week, October 3-7, 2022. The inaugural class included 19 officers from Fairfield PD, Rio Vista PD, Benicia PD, Sheriff, and Travis AFB. This is the first time Solano County will have its own 40-hour course following fidelity, known as the "Memphis Model", through [CIT International](#). The training provides information on various diagnoses & includes panels and presentations from people and families with lived experience, a hearing voices simulation exercise, de-escalation techniques, suicide prevention, cultural humility, vicarious trauma, and self-care for officers, as well as an overview of our service array and resources. Our goal is to increase the number of trained CIT officers throughout the county

that are better equipped to handle mental health crisis, coordinate with mobile crisis teams, and bring about improved interactions and reductions in incidents for the individuals and families we serve. Through an ARPA approved project for BH, we will be facilitating the Sequential Intercept Model (SIM) mapping that links this evidence-based practice to the continuum in relation to our jail and courts to reduce entry into the justice system. This was made possible through dedicated work from Solano BH CIT certified coordinators, Fairfield PD, NAMI Solano and the Solano County Sheriff's office. If you're curious what this looks like in the field, check out this video <https://vimeo.com/533695447>

**MH Workforce Crisis-** BH has 45 current vacancies, which is about a 19-20% vacancy rate – the majority of which are clinicians, psychiatrists/NP/PA, nurses, and mh specialists/case managers (hardest to fill critical positions). Recruitment and retention continue to be an issue and direct service staff are taking on extra work from the vacant positions to ensure we serve clients per state timeline requirements. We are seeing a higher acuity in the need of our clients and community and crises happening more frequently. Our administrative staff are overloaded with the increasing state mandates, grants, reporting and requirements (Kaiser Carve out, CalAIM, etc.) The new ARPA approved internship program may help recruit new students to work for Solano BH but the benefits of that program will likely take about 1-2 years to fully reap. We continue to discuss with HSS admin/HR for help in updating classifications and salaries to ensure there is parity with competitors and growing demand.

**MH Facility Ribbon Cutting-** The Ribbon cutting ceremony is scheduled for 2 pm on 10/25/22 to inaugurate the new MH Treatment Facility housed in the Beck campus. The contractor, Yolo Community Care Continuum (YCCC) or Y3C, was approved by the Board of Supervisors on 9/13/22 and is on target for submitting the board and care Community Care Licensing (CCL) application and will begin planning staffing and program plans as well as coordination with referral sources for residents to move in for the facility to open in January 2023. Board members are invited to join.

**Newsletter-** In line with BH's communication and social marketing plan, BH is sending out monthly newsletters which you can view [here](#) and anyone in the community can go to our website and sign up to get future emails <https://www.solanocounty.com/depts/bh/default.asp>

**Forensic Referrals-** The Department of Health Care Services (DHCS) has posted an infographic titled "Laura's Law: Assisted Outpatient Treatment Demonstration Project Act of 2002- Statewide Factsheet" for reporting period July 2019-June 2020. The infographic is available at the following link: <https://www.dhcs.ca.gov/formsandpubs/Documents/AOT-Lauras-Law-F19-20-Infographic.pdf>

Solano data for September 2022:

September 2022 FORENSIC TRIAGE TEAM Referral Breakdown			
MH Diversion	MH Court	MH Services	AOT
3	1	3	2
<b>Total: 9</b>			

# Laura's Law: Assisted Outpatient Treatment Demonstration Project Act of 2002

## Statewide Factsheet 2022\*

FY 19/20



DEPARTMENT OF  
HEALTH CARE SERVICES



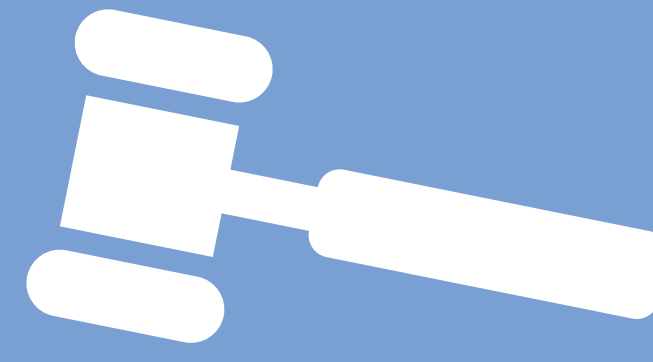
Operational  
County Programs

20



Voluntary  
Enrollment

660



Court  
Involvement

258



Total  
Participants

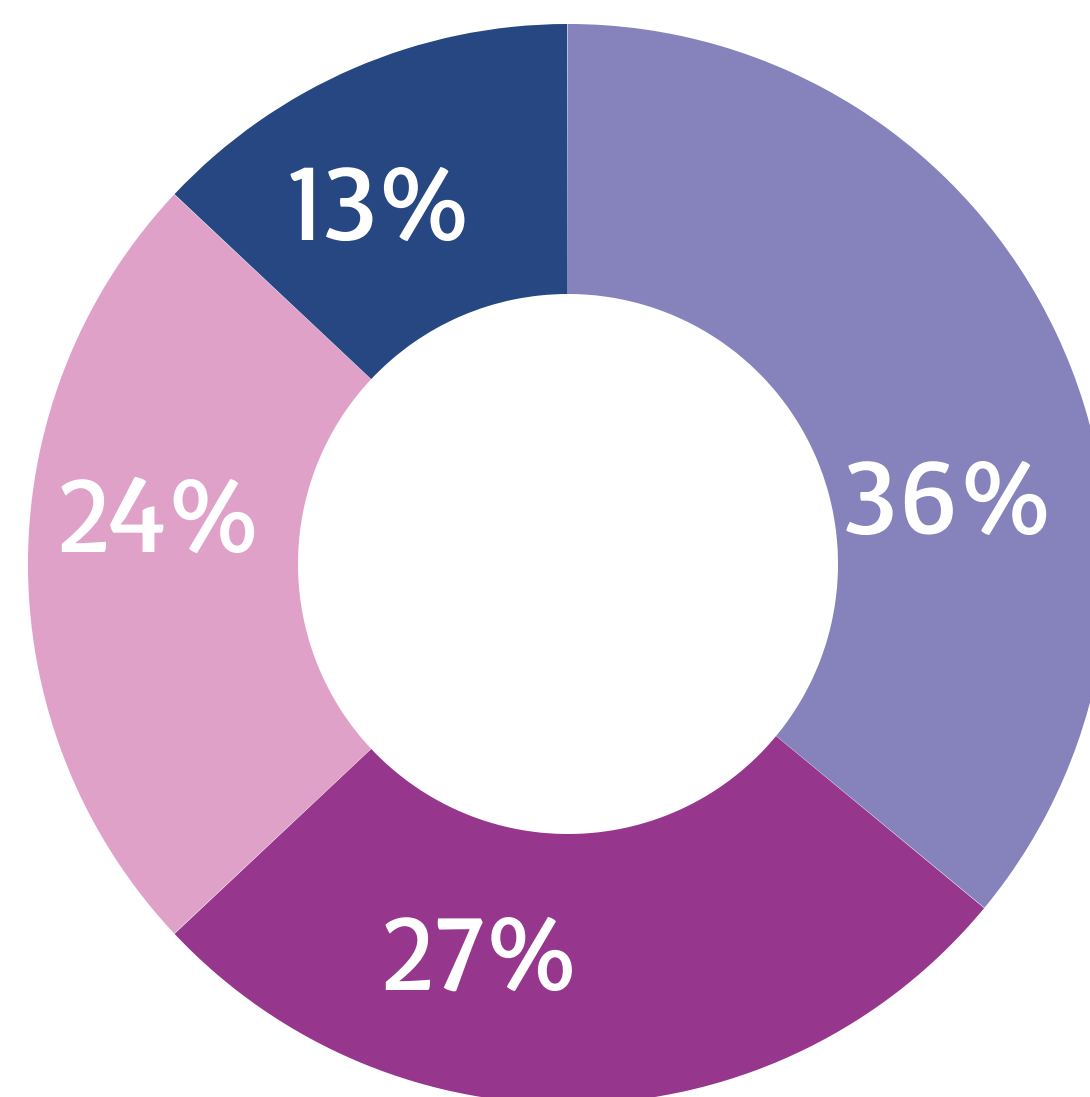
918

More than **50%**  
CALIFORNIA COUNTIES OFFERING  
AOT BY 2023

**72%** Eligible  
Individuals  
ACCEPTED VOLUNTARY SERVICES

**180** Weekly  
Minutes  
TREATMENT PER CLIENT  
ON AVERAGE

### RACE/ETHNICITY



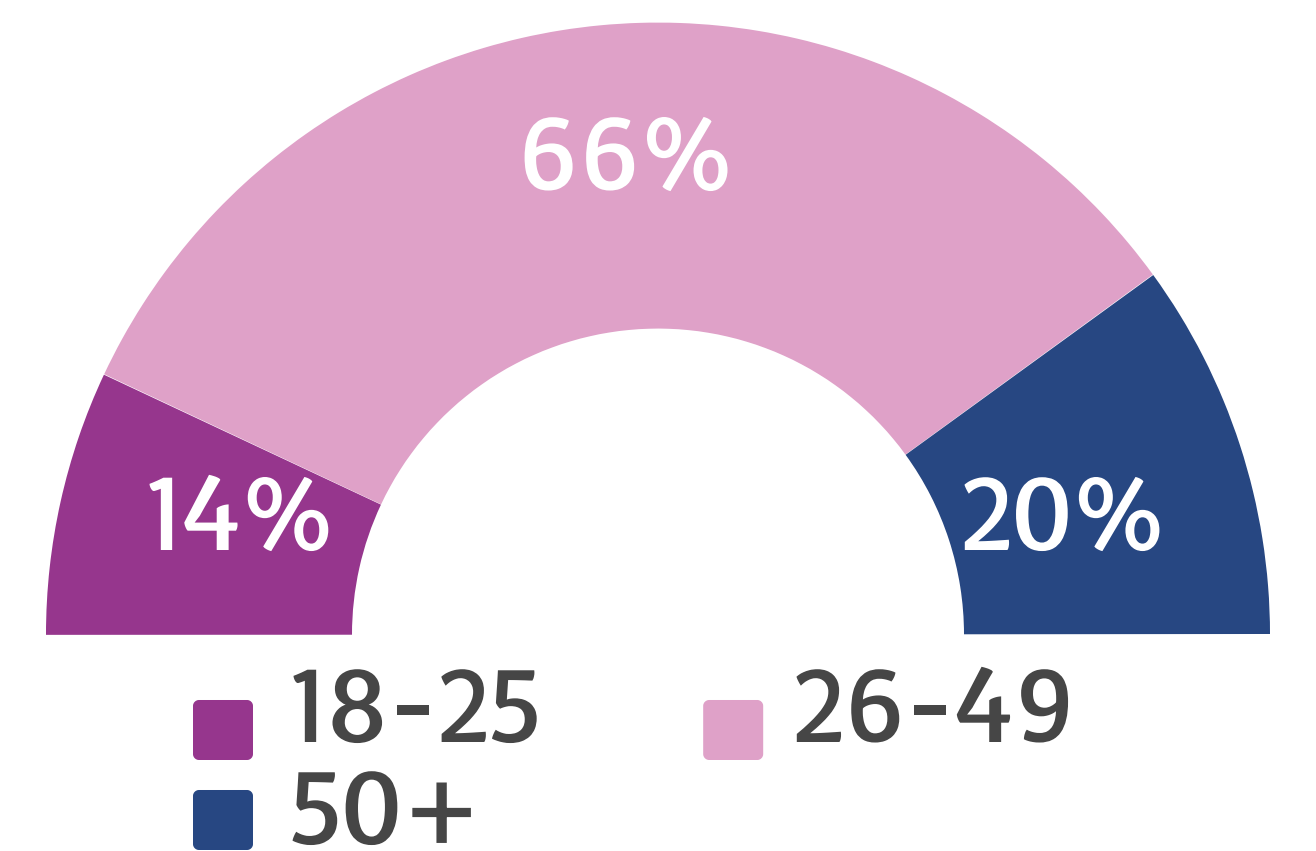
■ Caucasian/White  
■ Hispanic/Latino  
■ Other, Multi-Race, Unknown  
■ African American/Black

### GENDER

Male **67%**

Female **33%**

### AGE



## Court Involved Key Highlights

**32%**

Reduction in Homelessness

**40%**

Reduction in Hospitalization

**42%**

Reduction in Contact with  
Law Enforcement

**72%**

Reduction in Victimization

**63%**

Reduction in Violent  
Behavior

**21%**

Reduction in Substance  
Abuse

\*2021 AOT Survey FY19/20 (N=918)