



AUGUST 16, 2022

4:30 – 6:00 PM

**MENTAL HEALTH ADVISORY BOARD
MINUTES**

Mental Health Advisory Board Members Present: Supervisor Monica Brown, Denise Coleman (late), Daniel Cotton (late), Rachele Jackson, Chair and Michael Wright.

Absent: Heather Theaux-Venezio.

Behavioral Health Services Division Members Present: Tracy Lacey, Senior Mental Health Manager.

Behavioral Health Services Division Members Absent: Emery Cowan, Behavioral Health Director, Interim, Leticia De La Cruz Salas, Behavioral Health Services Administrator and Kate Grammy, Behavioral Health Services Administrator.

DISCUSSION & ACTION ITEMS

4:30 pm	I.	<p>CALL TO ORDER/ROLL CALL</p> <p>The meeting was called to order by Rachele Jackson at 4:37 pm. A quorum was attained.</p>
4:33 pm	II.	<p>CONFIRMATION OF VIRTUAL DISCUSSION: Consider adopting a resolution of the Mental Health Advisory Board authorizing remote teleconference meetings for the period August 2022 through September 2022 as a result of the continuing Covid-19 pandemic state of emergency.</p> <p>Rachele Jackson motioned approval of Mental Health Advisory Board authorizing remote teleconference for September 2022 meeting. The motion was properly moved, seconded and passed with a unanimous vote of 4 in favor and 0 against.</p>
4:35 pm	III.	<p>ITEMS FROM THE PUBLIC</p> <p>National Alliance of Mental Health (NAMI) Solano County provide mental health diversion to individuals who are not currently being served by Solano County Behavioral Health, that do not have Medi-Cal coverage and are privately insured through a grant they are engaged with, per Lisa U'Ren and Hazel Bright. They want to continue to fund these services beyond the February 15, 2023 in the criminal justice space. This includes receive recovery treatment, attend connections group participation, and ending the silence training. Otherwise these individuals do not have services and are left untreated. NAMI is seeking support of the Mental Health Advisory Board (MHAB) and asking to be informed of funding that would benefit these individuals.</p>
4:40 pm	IV.	<p>APPROVAL OF AUGUST 16, 2022 AGENDA</p> <p>Rachele Jackson motioned to approve the August 16, 2022 Agenda. The motion was properly moved, seconded and passed with unanimous vote of 4 in favor and 0 against.</p>
4:45 pm	V.	<p>APPROVAL OF JUNE 21, 2022 MINUTES</p> <p>Rachele Jackson motioned to approve the June 21, 2022 Minutes. The motion was properly moved, seconded and passed with a unanimous vote of 2 in favor and 0 against. Monica Brown and Rachele Jackson abstained from voting since they were not in attendance for that meeting.</p>
4:50 pm	VI.	<p>SCHEDULED CALENDAR</p> <ol style="list-style-type: none">1 Routine Business<ol style="list-style-type: none">a Laura's Law Assisted Outpatient Treatment (AOT) Referrals (attached)b MH Related Legislation Briefly discussed CARE Court legislation.c LPS/PES Meeting Discussion There were no updates during this meeting.2 New Business

		<p>a CALBHBH/C Summer 2022 Newsletter (attached) Emery Cowan wanted to share newsletter with Mental Health Advisory Board.</p>
5:05 pm	VII.	<p>PUBLIC COMMENTS</p> <p>There were no items from the Public on matters listed on the Agenda.</p>
5:10 pm	VIII.	<p>STAFF REPORTS</p> <ol style="list-style-type: none"> 1 Director's Report Emery Cowan was not in attendance but wanted to share that vacancy rates are still significantly high in Behavioral Health. 2 MHSA Report 3 Tracy Lacey provided community and school based mobile crisis updates, suicide prevention and recover month will be on the August 23, 2022 Board of Supervisors meeting agenda, and multi-media campaigns happening in October/November, Solano Community College Wellness Center opening August 31, 2022 in Fairfield campus at 12:30 pm.
5:25 pm	IX.	<p>COMMITTEE REPORTS</p> <ol style="list-style-type: none"> 1 Executive Board Denise Coleman provided brief ADAB update and ADAB Symposium. 2 Membership 3 Outreach and Education
5:35 pm	X.	<p>BOARD DISCUSSION</p> <p>Board members provided updates or concerns relating to mental health issues affecting our community. Some of those topics included homelessness, sobering stations in empty jail spaces, Vallejo mobile crisis, 43 vacancies in mental health affecting services to members of the community.</p>
6:00 pm	XI.	<p>ADJOURN</p> <p>The meeting was adjourned by Rachelle Jackson at 5:41 pm.</p>

Forensic Triage Team (FTT) Referral Break Down for June 2022

JUNE 2022 FORENSIC TRIAGE TEAM Referral Breakdown			
MH Diversion	MH Court	MH Services	AOT
15	2	10	1
Total: 28			

Forensic Triage Team (FTT) Referral Break Down for July 2022:

JULY 2022 FORENSIC TRIAGE TEAM Referral Breakdown			
MH Diversion	MH Court	MH Services	AOT
4	2	2	3
Total: 11			



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Summer 2022

In this Issue:

[Advocacy](#)
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Thank you for serving on or supporting
your local board/commission!

Website: www.calbhbc.org

Email: info@calbhbc.com

Reminder: Review & Advise!

Remember that the main duties of local
mental/behavioral health boards/commissions
are to review and advise.

Related CALBHB/C resources:

[Review](#) - *New!*
[Recommendations](#)

These resources and more are provided in the
["Best Practices Handbook"](#)
and at www.calbhbc.org

Advocacy

Local Advocacy:

"The Rules", "The Tools" & "Tips on
addressing local leaders":

www.calbhbc.org/advocacy

Statewide Advocacy:

CALBHB/C's Governing Board supports
legislation and budget items in response to
issues reported from CA's 59 local
mental/behavioral health boards &
commissions, providing written and
in-person advocacy. Top issues are included
in our [Annual Goals](#) document, item C.

Join with us by writing to your legislators
after reviewing "[Understanding your Role](#)"
(next page).

**CALBHB/C Governing Board
Legislative Positions**
[Sample Letters & Fact Sheets](#)

Access - Support!

[AB 32](#) Telehealth: Healthcare Access

[SB 316](#) Access: Same Day Visits

[SB 1337](#) Coordinated Care

[Medication Access Trailer Bill](#)

Children & Youth - Support!

[AB 552](#) Integrated School-Based BH

Performance - Support!

[SB 970](#): MHSA Outcome Data

Workforce - Support!

[SB 964](#) BH Workforce Revitalization

[SB 1229](#) Children & Youth BH Workforce

Oppose if Not Amended:

[AB 738](#) - Veterans Required on MH/BH Boards

Advocacy Continued:
Understanding your Role

1. **As Individuals:**
Individuals can and should write to their state legislators! Legislators especially appreciate hearing from residents within their districts.

2. **As Advisory Bodies:**
Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office. Boards/commissions may wish to recommend specific legislation to their Governing Body (in most cases Board of Supervisors) and MH/BH Director (the BH Directors also advocate through their statewide association, County Behavioral Health Directors Association (CBHDA)).

For additions/updates, sample letters and fact sheets, see: calbhbc.org/legislative-advocacy

Grants/Funding

Board & Cares

Community Care Expansion (CCE) Program

Grant: Acquisition, construction, and rehabilitation of residential care settings. DHCS and CDSS

Children & Youth

Children's Crisis Continuum Pilot Program,

The goal of the pilot is to develop a trauma-focused system of care through which intensive care, qualified supervision, and behavioral health services are provided in a home or home-like environment. Proposals are due September 23, 5 pm.

BH Continuum Infrastructure Program

Round 4: Children and Youth Grant funding to support capacity expansion for qualified behavioral health services specific to children and youth. For more information about this funding opportunity and other BHCIP rounds, please visit the Cal HHS' BHCIP website. Applications due August 31, 2022, at 5:00 p.m.

Crisis Care Continuum

BHCIP Round 5: A listening session is scheduled for August 4, from 1 p.m. to 2 p.m., and provides an opportunity for eligible applicants to offer input directly to DHCS to inform BHCIP Round 5 planning and implementation. **Registration is required.**

BH Mobile Crisis Response Services Federal Medicaid matching funds for community-based mobile crisis response services. The federal match is 85% starting April 1 for up to three years. **CHCF Article**

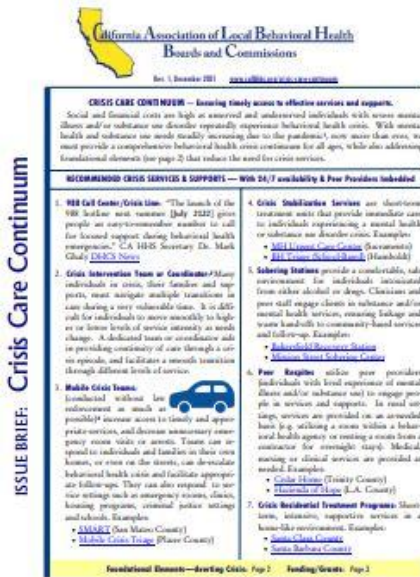
Peer Support

Medi-Cal Peer Support Specialist Certification Scholarships program for new and current peers that want to receive the Medi-Cal Peer Support Specialist Certification. Initial applications and grandparenting applications due September 30th.

Workforce

Licensed Mental Health Services Provider Education Program, Loan repayments of up to \$30,000, HCAI, Due October 31, 2022

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH
Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Meetings (Statewide)

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Quarterly Meeting/Training
Hybrid (Zoom & In-person (Chico))
August 20, 9 am - 3 pm
[Invitation](#) [Registration](#)

California MH/BH Agency Advisories

Mental Health Services Oversight &
Accountability Commission (MHSOAC)
August 25th, [Webpage](#)

CA Health & Human Services (CA HHS)
Behavioral Health Taskforce
September 13th - [Registration](#)

CA Dept of Health Care Services (DHCS)
Behavioral Health Stakeholders Committee
October 20th - [Webpage](#)

CA Behavioral Health Planning Council (October 2022 Meetings are in Sacramento)

[Performance Outcomes](#): Oct 18, 2 pm - 5 pm
[Executive](#): Oct 19, 8:30 am -10:15 am
[Patients' Rights Committee](#): Oct 19, 10:30 am
[Children & Youth](#): Oct 19, 10:30 am - 12 pm
[Workforce and Education](#): Oct 19, 1:30pm
[Legislation](#): Oct 19, 1:30 pm - 5 pm
[Housing and Homelessness](#): Oct 20, 8:30 am
[Systems and Medicaid](#): Oct 20, 8:30 am
[General Session](#): 10/20 & 10/21

Reports & Webinars - By Topic

Access

[Increasing Access to Care](#): A CCBHC Success Story, The National Council, August 11, 1:30 pm PT

[Enhanced Care Management \(ECM\)](#): On July 1, DHCS expanded ECM for individuals and families experiencing homelessness, high utilizer adults, and adults with serious mental illness and/or substance use disorders in counties where the Whole Person Care and Health Homes Program did not previously operate. ECM addresses clinical and non-clinical needs of the highest-need enrollees through intensive coordination of health and health-related services, meeting beneficiaries where they are. [ECM webpage](#)

[No Wrong Door \(NWD\)](#): On July 1, the CalAIM NWD for Mental Health Services policy was implemented to ensure Medi-Cal beneficiaries receive mental health services immediately regardless of where they initially seek care, and that beneficiaries can continue to see the provider with whom they have built a trusted relationship. County mental health plans (MHPs) and Medi-Cal managed care plans (MCPs) have joint responsibility for implementing the NWD policy.

Also as of July 1, Medi-Cal beneficiaries are able to receive covered mental health services provided during the assessment period, even prior to a diagnosis and even if the assessment ultimately indicates they are best served in another delivery system; access mental health care even if they have a co-occurring substance use disorder; and receive mental health services concurrently from both MCP and MHP providers, provided the services are coordinated and not duplicative.

Access Continued

[Medi-Cal Asset Test](#): Assembly Bill (AB) 133 (2021) authorizes a two-phased approach to eliminate the asset test for all non-Modified Adjusted Gross Income (MAGI) Medi-Cal programs, including long-term care and the Medicare Savings Programs. Phase I was implemented on July 1, which increased asset limits to \$130,000 per person and \$65,000 per additional person being evaluated. DHCS published the Medi-Cal Eligibility Division Information Letter (MEDIL) (22-02), which provides counties, advocacy groups, and other partners with global outreach messaging to use in their outreach activities regarding the increased asset limits. Phase II is scheduled for implementation on January 1, 2024, and will eliminate the asset test.

Children & Youth

[Transition Age Youth Listening Sessions](#), MHSOAC, [August 2nd, 4 pm](#) and [August 4th, 12 pm](#)

[Children's Mental Health Virtual Panel](#) Topics: Stronger school-based approaches; more support for healthy family systems; and trauma-informed practices in the face of violence and social divisiveness. The Kennedy Forum Illinois, August 8, 4 pm (PDT)

[Pulling Back the Curtain on Successful \[SUD\] Prevention Campaigns](#) to better engage youth and youth-serving adults, August 31, 11 am PT

["Hiding in Plain Sight: Youth Mental Illness,"](#) Documentary streaming on PBS free video on demand.

[Free Youth Vaping Cessation Program](#), Enrollment begins November 1, 2022 for ages 13-17, www.QuitTheHitCA.com

Criminal Justice

[Deflection, Diversion and Mental Health Recovery: A Systems Approach and DEI Practice Perspective](#), Mental Health America and SAMHSA

Crisis Care Continuum

[The new 988 mental health hotline is live. Here's what to know](#), NPR Article

Behavioral Health Continuum Infrastructure Program (BHCIP) Round 5: Crisis

Continuum Listening Session. August 4, from 1:00 pm – 2:00 pm. DHCS is preparing for its fifth round of BHCIP grant funding that would provide \$480 million for crisis-focused behavioral health infrastructure projects. Stakeholders and potential applicants are invited to attend the listening session as Information and policy questions specific to BHCIP Round 5: Crisis Continuum will be presented and written or verbal responses will be collected. [Registration](#)

Culture, Race, Ethnicity

[Setting a Goal for a More Diverse Workforce](#)
The National Council

[Overdose Death Data Shows Striking Disparities in Minority Groups](#), CDC Report

[CMS Proposes Rule to Promote Non-discrimination in Health Plans](#), US HHS

Employment (Vocational Rehabilitation)
[Moving the Employment Needle to Quality](#) - Learn how engagement and partnership among vocational rehabilitation and behavioral health agencies is moving the employment needle to quality. [Podcast](#).

LGBTQ+

[CMS Proposes Rule to Promote Non-discrimination in Health Plans](#), US HHS

Parity

[New HHS Mental Health and SUD Benefit Resources](#)

Peer Providers

[Peer Support & Lived Experience in Substance Use Treatment and Recovery](#), PCSS Recording

[Medi-Cal Peer Support Specialist Certification](#), CalMHSA Website

Substance Use Disorder (SUD)

[Fighting Fentanyl: The Federal Response to a Growing Crisis](#), U.S. Senate Committee on Health, Education, Labor & Pensions

[Pulling Back the Curtain on Successful Prevention Campaigns](#) to better engage youth and youth-serving adults, August 31, 11 am PT

[Study on Methadone Take-home Policy](#) finds that the temporary methadone regulations implemented in the beginning of the COVID-19 pandemic appear to be safe and effective. CDC and NIH Study

[Overdose Prevention Strategy](#), US HHS

[Peer Support & Lived Experience in Substance Use Treatment and Recovery](#), PCSS Recording

[Harm Reduction in Social Work Practice with Substance Use and Misuse](#), PCSS Recording

Suicide Prevention

[Healing After Suicide Loss Summit](#) - The purpose of the summit is to equip practicing mental health professionals with global best-practice knowledge and skills on suicide prevention, thereby making a tangible reduction on suicide rates. August 19 - 21, American Association of Suicidology
[Registration is Free](#)

Telehealth

[Innovations in Telehealth in Behavioral Health During COVID-19](#) features an extensive review of what's working, what's not, and how to reduce remaining barriers, National Council for Mental Wellbeing [Report & Webinar](#)

[Improving Telehealth for SUD](#), Legislative Analysis and Public Policy Association Report

Trauma-Informed Care

[Historical & Intergenerational Trauma and Resiliency](#) learning series explores impacts on individuals and communities, and how to shift work toward a trauma-informed, resilience-oriented model. August 29, 10 am

Veterans

[House Veterans Hearing Highlights Importance of Telehealth](#), House Veterans' Affairs Subcommittee on Health

[CA Veterans Health Initiative to Combat Suicide and Address Mental Health](#), CalVet

Workforce

[Workforce Crisis & Diversity, Equity & Inclusion Workforce Issue Briefs](#), The National Council & Health Management Associates

[Setting a Goal for a More Diverse Workforce Article](#), The National Council

Resources for Boards/Commissions

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Public Emergency Allowances](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

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[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHS Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHS Community Program Planning / Community Engagement
- Unconscious Bias

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

info@calbhbc.com www.calbhbc.org

Follow CALBHB/C: www.twitter.com/CALBHBC www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

The CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C) supports the work of CA's 59 local mental/behavioral health boards & commissions.