

November 2023 e-Newsletter | District 3 | Sent Nov. 17, 2023

## Let's celebrate Thanksgiving by being thankful; breaking bread with others

Dear Neighbor,

I truly enjoy the month of November because it marks the beginning of the holiday season. I am thankful every day for my life, my family, my community, my district staff, my Adopt-A-Neighhood (AAN) staff and working as your County Supervisor.

Spending time with my immediate family, my cousins and my extended relatives brings me immense joy. Eating, laughing, and kidding around with them on Thanksgiving is what I look forward too. My family is large, and we love each other dearly. Sometimes I suggest that I cook something new to bring to Thanksgiving dinner, but they insist that I make my secret recipe dinner rolls. When I arrive for dinner, the first thing some family members do is devour a hot roll from my breadbasket. Some of you may not know this, but I am a pretty good cook, and I did attend culinary school for a short period of time. Although, I cannot share my secret roll recipe with you because my daughter insists the recipe be passed down to her only, I am sharing with you my Thanksgiving Turkey recipe (see below) that I use to make a delicious garlic infused turkey. Save some of the drippings from the pan to make a flavorful gravy.

I may be excited about the holidays, but I know for some it can produce feelings of loneliness and isolation. I want to encourage us all to invite a friend over to break bread and give thanks for all our blessings. In my newsletter, you will find locations

in Suisun City and Fairfield to enjoy a Thanksgiving meal for seniors and those in need.

May God bless you and your family.

Sincerely,

Wanda Williams

Supervisor District 3

# Supervisor Wanda Williams' Thanksgiving Turkey Recipe



My Thanksgiving turkey is always moist, and the flavor created from the garlic butter and vegetables make delicious drippings. I use the drippings (minus the vegetables) to make my corn bread dressing and in my homemade gravy.

#### Ingredients:

- Sage (powdered)
- Black Pepper
- Salt
- Garlic Powder or graduated garlic
- Poultry Seasoning
- 1 teaspoon of Thyme
- 1 stick of butter softened (do not melt)
- Olive Oil or Canola Oil
- Fresh Whole Garlic Bulb (Peel, chop and divide into half)
- 2 large Yellow Onion chopped into medium chunks
- Carrots (2 large carrots) chopped into medium chunks
- Celery (4 sticks) chopped into medium chunks

#### **Directions:**

Combine butter and ½ of fresh chopped cloves garlic in a bowl.

In a separate bowl, combine the dry seasoning ingredients.

Chop up the vegetables into large medium chucks.

Add the remaining segments of the ½ cloves of garlic and combine.

Pat dry the skin of your Turkey with a paper towel.

Remove the turkey neck and bag of gizzards from the turkey.

Gently loosen the skin of turkey breast meat, starting at neck end and stuff the garlic/butter mixer under the skin.

Make sure to spread the garlic/butter by pushing it around by pressing on the butter through the skin.

Make sure not to tear the skin.

Pour the olive oil over the chicken and rub it over the dry turkey skin.

Sprinkle the seasoning all over the turkey and and rub in. Place turkey into your roasting pan. Place ¼ of the vegetables into the cavity of the bird and the remaining vegetables around your turkey. Note: the vegetables used in the recipe creates a mirepoix.

#### Preheat oven to 450

Cover Turkey with foil or roasting pan lid and sit in middle of the oven. Roast for 30 minutes to brown. Reduce oven temperature to 325. Roasting is based on the size of the turkey. Generally, a turkey needs to cook for about 13-15 minutes per pound or until done to suit. Baste every 15 minutes



November 23, 2023 11:00am-1:00pm

The Recreation, Parks, & Marina Department will be delivering **FREE** traditional Thanksgiving meals to seniors (50+) that live in Suisun City. To receive a meal, please call **707-421-7200** or sign up at the front desk by November 20.









## CITY OF FAIRFIELD CELEBRATES VETERANS DAY IN SOLANO COUNTY

On Saturday, November 11th, I had the distinct honor and privilege to ride in the City of Fairfield Veterans Day Parade with Fire Chief Alfred Abruzzini. Chief Abruzzini heads the Suisun Protection Fire District.

In this picture, I am riding on an engine with Nikila Walker-Gibson, First Five Commissioner for District Three and the Fire District's mascot, Sparky.

The women and men of the Suisun Fire Protection District are hard working volunteers who serve our community with compassion, adhering to the mission, "to ensure the protection of life and property through effective and efficient delivery of professional firefighting, fire prevention, and emergency medical services for the unincorporated areas of district three ".





The theme for this year's parade was **Saluting America's Veterans**.

The City of Fairfield's Parks and Recreation Department hosted the 2023 Veterans Day Parade in Downtown Fairfield.

The parade included several floats and entries as well as a flyover from Travis Air Force Base.

In this picture, I an standing in front of the fire engine with Verneal Brumfield. Verneal serves as one of my District 3 Ambassadors.

## **ADOPT A NEIGHBORHOOD**

## **Beinging Thankful at the Suisun Public Library**

I am standing with Jill Hendrix, Members Relations Manager for the Solano County Farm Bureau, and Maya Farris, Teen Miss Golden State Earth USA 2023.



In October, Library open Adopt-A-Nei The program Solano Cour Education provided a vio teach there a fun and frie Pictured left from the Astaff: Belin Le Blanc Lill

In October, the Suisun Public Library opened its doors to my Adopt-A-Neighborhood Program. The program partnered with the Solano County Farm Bureau's Ag Education Foundation. We provided a workshop for children to teach them about agriculture in a fun and friendly atmosphere.

Pictured left to right are members from the Adopt-A-Neighborhood Staff: Belinda Brown, Donna LeBlanc, Jill Hendrix of the Farm Bureau, myself, Lisa Shipley of the Farm Bureau Education

Foundation, Katrina Garcia, and LaSonya Champion an Adopt-A-Neighborhood volunteer.

About 30 elementary children participated in the program. While painting pumpkins, the children learned about the top ten agricultural commodities grown throughout the county. They also learned about bumble bees.

It was a wonderful day of fun!



## **APEC Reception welcomes delegation**



On Monday, November 15th, Congressman Eric Swalwell, D-CA 14th District, hosted a reception to help kick-off the The Asia-Pacific Economic Cooperation (APEC) meeting. The reception was held onboard the historic ship, Klamath, which is docked at Pier 9 on the Embarcadero in San Francisco. In this photo, I am standing with Congressman Swalwell and Napa County Supervisor Anne Cottrell.

**Did you Know?** APEC is a forum for 21 Pacific Rim member economies that promotes free trade and economic cooperation throughout the Asia-Pacific region. APEC's goal is to create greater prosperity for the people of the region by facilitating economic growth, cooperation, trade, and investment. Member economies/countries are from

East Asia, Southeast Asia, North America, South America, and Oceania.

APEC operates through an annual Economic Leaders' Meeting, where heads of state from these member economies gather to discuss and coordinate economic policies. This year, the annual APEC meeting was held in San Francisco. Representatives of the United States, Japan, Malaysia, Hong Kong, Canada, Australia, Chile, China and other member economies attended meetings and working groups, focusing on specific areas such as trade, finance, and sustainable development.

Enjoying the reception with me are San Francisco District Attorney Brook Jenkins and Attorney Terese May.



## Solano County Supervisor Wanda Williams, Black Women Organized for Political Action Solano/Napa Chapter & Solano County Health and Social Services

### Presents

Healing Our Future:
Addressing Black Maternal and Infant Health
in Solano County

A Seminar for the Community and Practitioners

Saturday, January 20, 2024 11:30 AM - 1:30 PM Solano County Events Center 601 Texas Street, Fairfield, CA

Donation \$20.00 includes Lunch



Sponsorship Opportunities Available:
Lunch Sponsor

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Booth Space Available

FOR INFORMATION EMAIL LLWILSONALFORD@SOLANOCOUNTY.COM

## **Upcoming events in & around District 3**

### SUPPORT THE KROC CENTER THIS **THANKSGIVING**

Turkeys Needed - Please join the Fairfield-**Suisun Chamber of Commerce Ambassador's** Turkey Drive to benefit the KROC Center of the Salvation Army on Monday, November 20th from 9:00 am to 2:00 pm, at Gillespie's Abby Carpet and Floor, located at 360 Chadbourne Road in Fairfield .Bring your frozen turkey by 2:00 pm, so the KROC Center can distribute them in time for Thanksgiving.







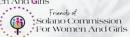
Funded by the California Commission on the Status of Women

## Women & Money

**December 2, 2023 | 9AM-1PM** 

Solano County Event Center. 601 Texas Street, Fairfield, CA







Keynote Speaker: Courtney Bolger Realtor | DRE 02048878 EXP Realty of California, Inc. Building Dreams, Bridging Gaps: Unlocking the Path to Homeownership















### FOR MORE INFORMATION, PLEASE CONTACT ME:

#### **Wanda Williams**

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