



# SOLANO COUNTY BEHAVIORAL HEALTH

# 2022 ANNUAL REPORT



HOPE, RESILIENCE, WELLNESS



# Director's Message

Solano County Behavioral Health is pleased to share our successes and highlights for this last year, which is even more significant as many were developed as we emerged from the pandemic and in spite of our collective stressors and shifts needed to roll these out. Even when we were faced with many workforce challenges, bandwidth issues, and mandate overload, our staff and contractors remained steadfast in serving our population and hiring (and rehiring) people to provide the best care we could for our community. We are grateful for the new grant opportunities and partnerships made through these new projects. Our increased work with law enforcement, hospitals, justice system, homeless continuum, and other systems have been critical in supporting the higher acuity of clients needing support. Our goal with this report is to continue to promote awareness of mental health and substance use needs and programs, and improve access to care. If you have any questions, reach out to us anytime at [bhinfo@solanocounty.com](mailto:bhinfo@solanocounty.com).

A handwritten signature in black ink that reads "Emery Cowan".

Emery Cowan, LPCC, LMHC  
BH Director

## Our Mission

To serve our diverse community impacted by mental health and substance use challenges in holistic ways that reinforces hope, wellness, and empowerment to live a fulfilling life.

## Our Vision

To provide quality, innovative, culturally responsive care that supports and honors each persons' authentic self and unique journey to recovery.

## Our Values

Hope  
Resilience & Recovery  
Voice & Choice  
Community Inclusion  
Diversity, Equity, Justice

Solano County Behavioral Health offers various behavioral health services and community engagement programs for Medi-Cal recipients, and individuals that are the uninsured or underinsured. These services are designed to guide people through their individualized recovery plans and wellness needs.

Programs include: 24-hour Access Line, Crisis Aftercare and Recovery Services, Early Psychosis Treatment Program, Forensic Triage & Jail Diversion, Assisted Outpatient Treatment (AOT), Foster Care Treatment & Assertive Community Treatment, Full Service Partnerships, Homeless Outreach & Preventive Medicine, Housing- Residential, Shelter, and Landlord Supports, Integrated Substance Use Disorder services and linkage, Individual Placement & Support (IPS) Supported Employment, Peer Support and Wellness Groups, Wraparound Children's Teams, and others.

Special thanks to our contractor agencies and partners for providing these services with Solano County Behavioral Health!



# Who We Serve

## Services Provided



**148,707** Total services provided to clients with a primary mental health diagnosis

**26,169** Total services provided to clients with substance use diagnosis

**25%** Services provided via telehealth

## Clients Served

**5,805** Total youth and adults served under Specialty MH Services

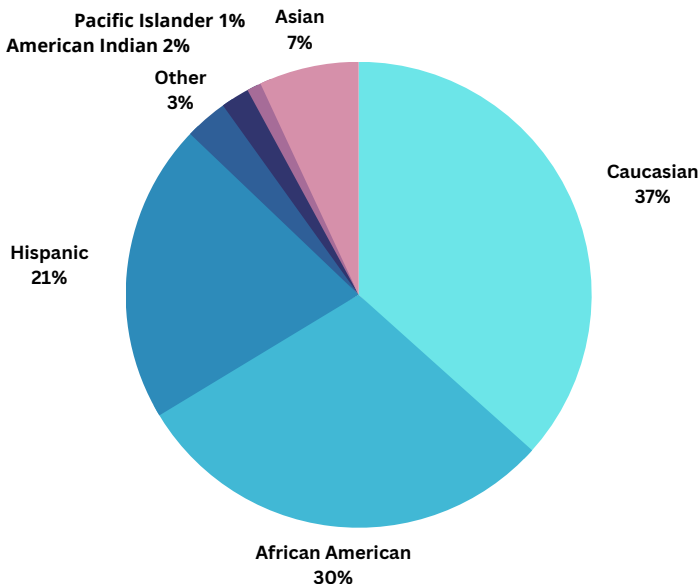
**30%** Youth provided with case management and therapy

**57%** Adults served by the County's outpatient clinic

**19%** Adults and youth served in the highest level of care (Full Service Partnership, SubAcute, Hospital, Foster Care Treatment)



## Client Ethnicity



## Client Snapshot

Average client age: 35

Preferred language:  
93% English | 6% Spanish  
1% Tagalog

Co-occurring needs:  
1,416 clients (24%) had a mental health & substance use diagnosis



# Diversity, Equity & Inclusion

## Addressing Health Inequities

Solano County is one of the most diverse counties in the nation, and SCBH prioritizes the development of a culturally and linguistically responsive system of care to support our community's needs. Solano BH implements the national Culturally and Linguistically Appropriate Services (CLAS) standards, a formalized Diversity, Equity and Inclusion Plan, and a Language Action Plan to improve behavioral health outcomes among people of color and LGBTQ+ communities. Efforts include providing a diversity and equity training curriculum to staff, conducting trainings to staff and partners on using translation services more effectively, inclusion of peer network for lived experience, and collecting stakeholder surveys annually to gather and implement community feedback on service gaps and solutions.

## Creating a Diverse Workforce

To build a more inclusive and diverse workplace culture, Solano BH conducts an annual survey focusing on our workforce and ensuring we reflect the clients we serve:

- More than 70% of staff represent themselves as Black, Indigenous and People of Color (BIPOC)
- Over 50% of our leadership staff identify as BIPOC
- 57% of staff report that they have lived experience of mental health
- 16% of staff have lived experience of substance use recovery
- 14% of staff self-identify as lesbian, gay, bisexual, transgender or another sexual orientation other than heterosexual



## Providing a Welcoming Space for All

Solano BH aims to provide an inclusive space for participants. A survey was sent to Solano BH clients to review how welcoming and friendly the providers and spaces are for program participants. Solano BH was rated 4.8 stars on creating a welcoming space.

Of the 76 respondents:

- 95% of respondents noted that staff were friendly
- 98% of respondents felt comfortable sharing their gender identity with staff

### WELCOMING SPACES SURVEY RESPONSES

"I can't describe my amazement with being with this caring community."

"I feel very welcome by all staff."

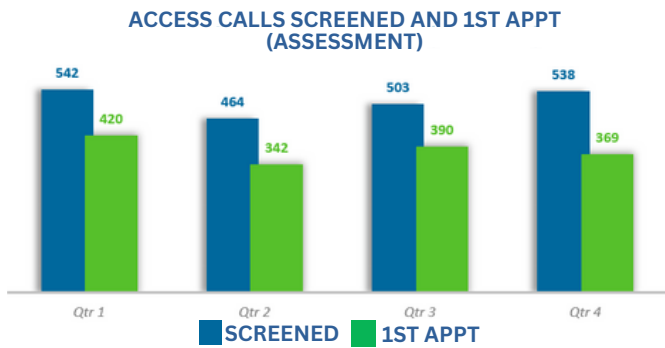
"My experience has been great."

"I feel fine and comfortable attending my appointments."



# Notable Outcomes

## 74% of Access Callers Linked to First Appointment



Community members calling the Behavioral Health Access Line are screened for services and routed to the most appropriate resource. Almost 100% of these clients were offered an appointment, and 74% made their first appointment to assess their needs.

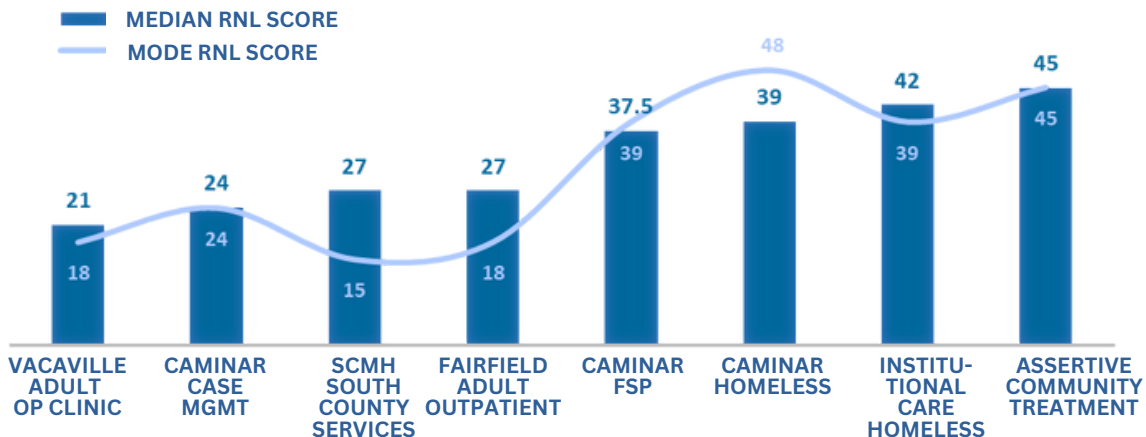
## School-Based Mobile Crisis Teams Stabilized 75% of Callers



The School-Based Mobile Crisis program, operated by the Solano County Office of Education (SCOE) team, dispatches a clinician to any school site where a student is in crisis. In 2022, SCOE responded to 93 calls and helped create safety plans for 80% of the students needing supports.

## Reaching Recovery: Recovery Needs Level Data

The RNL helps recommend the most appropriate level of care for adults, based on observed needs across 17 different dimensions. A higher RNL score is typically indicative of a higher level of need. The median RNL score across the system is 27 with 18 being the most frequent score reported. Lower acuity outpatient clinics report lower median RNL scores as compared to more intensive case management and institutional care programs.





Ribbon Cutting for Solano House

# Program Highlights

## 1 Opening of Solano House in Fairfield

Solano BH opened a new state-of-the-art mental health treatment facility called Solano House. Operated by Yolo Community Care Continuum, this offers adult board & care housing for 32 individuals, funded through the Community Services Infrastructure Grant Program, Homeless Housing Assistance and Prevention, and Solano public facilities fees.



## 2 Prevention and Stigma Reduction



BH has increased visibility for Mental Health Month in May, National Recovery Month in September, Suicide Prevention, Diversity/Equity, and others through multi-media marketing campaigns and events. We partner with Touro University's Drug Safe Solano, Solano Public Health's VibeSolano, and the Alcohol, Tobacco and Other Drugs (ATOD) Prevention Collaborative to delay or prevent the early onset of substance misuse and overdoses across the lifespan.

## 3 National Recognition of the ICCTM Model

Through Mental Health Services Act (MHSA) funding, Solano County Behavioral Health partnered with UC Davis Center for Reducing Health Disparities to develop a five-year community-initiated Innovation project known as the Interdisciplinary Collaboration and cultural Transformation Model (ICCTM). The project focuses on highlighting the experiences and mental health needs of the Filipino American, Latino and LGBTQ+ (Lesbian, Gay, Bisexual, Transgender, Queer/Questioning) communities of Solano County. In 2022, the ICCTM Model received local, state, and national accolades for its efforts to address mental health disparities including receiving a 2nd place in the 2022 Innovations that Bolster Community Trust in Science Award.



CIT Cohort 1 Police Officers

# Program Highlights

## 4 CalAIM Implementation

The Department of Health Care Services (DHCS) mental health redesign plan, called the California Advancing and Innovating in Medi-Cal (CalAIM), aims to improve quality of life and health outcomes. The Solano BH Quality Assurance team has diligently prepared for the transition and lifted documentation redesign while working toward the first phase of payment reform, a new consumer portal, and data exchange processes.

## 5 Youth Substance Use Disorder Program

Solano BH launched a much needed substance use disorder treatment program for youth through Aldea, Inc. - a first in Solano County - where youth are provided integrated, tailored services.

## 6 Housing and Homeless Outreach

The Homeless Outreach Partnership and Engagement (HOPE) Team increased outreach and street medicine to unhoused individuals across the County to screen for BH needs using the evidence-based Critical Time Intervention (CTI) model. Cumulatively:

- 326 unique individuals have been served by the program
- 109 street medicine services were provided
- 135 assisted with enrolling into Medi-Cal, General Assistance and/or CalFresh
- 82 referred to supportive housing

Solano BH has brought in over \$34 million in grant funds for housing developments in process like No Place Like Home and expansion of outreach and navigation services.

## 7 New Initiatives

New Prop 47 Cohort 3 grant for \$6.7 million to help people exiting jails from September 2022 - June 2026

Launched a Crisis Intervention Team (CIT) training for law enforcement kickoff and now trained over 40+ first responders

\$3.4 million of the American Rescue Plan Act (ARPA) funding to support Solano House, expand SUD residential, expand the Internship Program, and support Justice strategic planning

Selected to join the John D. and Catherine T. MacArthur Foundation's Safety and Justice Challenge: IMPACT Network for a Sequential Intercept Mapping Process for the County

# Solano County Behavioral Health

275 BECK AVENUE, FAIRFIELD, CA 94533

[SOLANOCOUNTY.COM/DEPTS/BH](http://SOLANOCOUNTY.COM/DEPTS/BH)

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WELLNESS • RECOVERY • RESILIENCE