



Holiday Greetings from Supervisor Mitch Mashburn - December 2022

This is a season to reflect.

For me, it's a reminder that the policy decisions I make have a direct impact on everyone in this community. From our new approach to homelessness that finally has our communities working together instead of at odds, to holding the state accountable in protecting water and the Delta; lives are impacted. Equally important are the phone calls and emails from our neighbors asking for immediate help, like our veterans, seniors, and families facing mental health crisis – again, lives are impacted. It's been a strong year and we've accomplished a lot, but I know 2023 will be stronger, as long as we keep working together.

While many of us are very fortunate, we know the Holidays can be tough for some experiencing mental illness, loneliness, and financial trouble. Attached is a list of helpful resources in our community that are available if you find yourself in these or other situations that require help. You can always email or contact my office if there are County services that you need help with. *Remember that you're not alone.*

Here's wishing you and your loved ones a very safe, happy and healthy Holiday Season.

Community Resources Are Available

National Suicide Prevention Lifeline

Anyone could be struggling with suicide. Please reach out for help if you, a family member, or friend are in need. This is a CONFIDENTIAL resource, available 24 Hours in English or Spanish.

Learn more about [available resources here](#),

Or call **(800) 273-8255** 24 hours/7 days.

Food Bank of Contra Costa and Solano County

To get help with food in your area, call:

(855) 309-3663 (800-309-FOOD)

Or [visit them here](#)

Help with Rent, Utilities, Homelessness & Food

[CANB Solano](#): (707) 427-1148

[Rio Vista Food Pantry](#): (707) 374-5706

[Salvation Army of Solano County](#): (707) 439-7910

[Vacaville Family Resource Center](#): (707) 469-6608

Public Safety

In an Emergency – CALL 911

Solano County Sheriff Non-Emergency: (707) 784-7000

Fairfield Police Department Non-Emergency: (707) 428-7300

Rio Vista Police Department Non-Emergency: (707) 374-6366

Suisun City Police Department Non-Emergency: (707) 421-7373

Vacaville Police Department Non-Emergency: (707) 449-5200

How to reach me and my team

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