

Parent/Caregiver First & Last Name	Child's First & Last Name	Age of Child	Child's Date of Birth	Parent/Caregiver Phone Number	First class with us?	City of Residence

We are so glad to have you participate in our classes this session! Space is limited but we will do our best to place you in an available class. Your class will be confirmed via phone call one week prior to start date. Verbal confirmation is required to receive placement in the current session. All Solano County residents may participate in Center classes and events; Priority is given to Vallejo residents.

PARENT/CAREGIVER—CHILD CLASSES

Please number your **1st, 2nd, and 3rd choices** for all parent-child classes. Classes in **RED** are **VIRTUAL**, classes in **BLACK** are **IN-PERSON**. Zoom and activity bag information will be given upon confirmation of enrollment.

MONDAY

_____ **Zoo City (0-3 years) 10:30am—11:30am**

5 weeks (May 9, 16, 23, June 6, 13)

_____ **Ocean Life (3-5 years) 1:30pm—2:30pm**

5 weeks (May 9, 16, 23, June 6, 13)

The center will be closed on 5/30 due to the holiday.

TUESDAY

_____ **Space-tacular Adventures (2-3 years) 10:30am—11:30am**

6 weeks (May 10, 17, 24, 31, June 7, 14)

_____ **Musical Moments (0-3 years) 1:30pm—2:30pm**

6 weeks (May 10, 17, 24, 31, June 7, 14)

_____ **Petite Picassos (3-5 years) 2:00pm—3:00pm**

6 weeks (May 10, 17, 24, 31, June 7, 14)

WEDNESDAY

_____ **My 5 Senses (0-3 years) 10:30am—11:30am**

6 weeks (May 11, 18, 25, June 1, 8, 15)

_____ **JumpBunch (18 months—36 months) 1:15pm—2:00pm**

6 weeks (May 11, 18, 25, June 1, 8, 15)

_____ **Eat, Play, Grow (3-5 years) 2:00pm—3:00pm**

6 weeks (May 11, 18, 25, June 1, 8, 15)

_____ **JumpBunch (3-5 years) 2:15pm—3:15pm**

6 weeks (May 11, 18, 25, June 1, 8, 15)

_____ **Fairytale Land (1-2 years) 5:30pm—6:30pm**

6 weeks (May 11, 18, 25, June 1, 8, 15)

THURSDAY

_____ **Kinder Here I Come (3-5 years) 10:15am—11:00am**

[VIRTUAL] 6 weeks (May 12, 19, 26, June 2, 9, 16)

_____ **My Feelings and Me (2-3 years) 1:15pm—2:00pm**

[VIRTUAL] 6 weeks (May 12, 19, 26, June 2, 9, 16)

FRIDAY

_____ **In The Garden (2-3 years) 10:00am—11:00am**

6 weeks (May 13, 20, 27, June 3, 10, 17)

_____ **Alphabet Train (3-5 years) 10:30am—11:30am**

6 weeks (May 13, 20, 27, June 3, 10, 17)

_____ **Baby Builders (3-5 years) 1:30pm—2:30pm**

6 weeks (May 13, 20, 27, June 3, 10, 17)

_____ **In Harmony Music (0-3 years) 2:00pm—2:45pm**

6 weeks (May 13, 20, 27, June 3, 10, 17)

PARENT—ONLY CLASSES

Parents may choose **as many as you would like**.

Child watch for children ages 0-5 years old will be provided for in-person classes.

PARENT SELF-CARE

Happy parents make happy kids, so come rejuvenate with us in this free spirited class dedicated to the parents. We will dabble with DIY creations as well as quick and healthy snacks to keep us as energized as our little ones!

_____ **THURSDAY, 10:30am—11:30am**

6 weeks (May 12, 19, 26, June 2, 9, 16)

COMMUNITY LEADERS GROUP

Interested in discussing ways we can better our community? Connect with other parents and caregivers as we discuss ways we can make our vision a reality!

_____ **WEDNESDAY, May 11, 10:00am—11:00am**

_____ **WEDNESDAY, June 8, 10:00am—11:00am**

PARENT CAFÉ

Come join other adults for light snacks and beverages in a safe space to explore your strengths and learn from one another.

_____ **WEDNESDAY, May 25, 1:30pm—3:00pm**

_____ **WEDNESDAY, June 8, 1:30pm—3:00pm**

Open Play Space available Monday—Friday, 9am—11am.

All enrolled families at our center can drop-in to our Open Play Space for free play Monday—Friday from 9am—11am. Light activities will be available for families to use, and all are welcome to sit down and read a book, play in our mushroom house or one of our acorns! The space will be cleaned promptly at 11am to be ready for the next day's fun.

Got Questions?

Call : 707-784-1240

Text : 707-229-0190

Email:

VallejoFirst5Center

@gmail.com

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PARENT-CHILD CLASSES

In Harmony Music (0-3 years)

In Harmony Music offers family music and movement classes for children and the grownups who love them! These group music classes, designed for infants, toddlers and preschoolers, are part of an internationally recognized, research-driven curriculum that will nurture your child's inner musician. The emphasis is on fun, however! You and your children will grow a strong bond through singing, dancing, clapping, bouncing, instrument playing and other activities! So much more than a music class, Music Together fosters developmental benefits that will support all areas of learning. So come sing, wiggle and jam with your little ones!

Zoo City (0-3 years)

Begin your journey into nature! While we learn together all different habitat and all types of animal friends. The beauty of nature is a safe and structured learning environment where we discover all life around us.

My 5 Senses (0-3 years)

Let's have fun exploring our five senses! In class each week we will focus on a different sense to develop our little ones' fine motor and critical thinking skills.

Musical Moments (0-3 years)

As a little musician, your young one will be introduced to music. Singing & Playing is an energetic and joyful celebration of the very young child's new movement and language skills.

JumpBunch

(18 months-36 months AND 3-5 years)

Time to jump and play with your child at the Center! JumpBunch is a program that offers fun sports-focused activities that engage children in the development of their gross motor skills while practicing sequencing patterns and teamwork, which helps prepare them for success in life and school.

Fairytale Land (1-2 years)

Ever imagine what it feels like to be in a fairytale? Well this is your chance, let's take a step back into time with our little ones as we read tales from when we were little. We will learn about princesses, fairies and even goblets!

Through these tales we will teach our little one valuable life lessons and have loads of fun along the way!

[VIRTUAL] My Feelings and Me (2-3 years)

Sometimes describing our emotions is hard, so we can use books, art, and dancing to help us manage how we're feeling. During these six weeks we will be learning with our little ones about self regulation techniques and naming their emotions.

In the Garden (2-3 years)

Does your little one love to get dirty? This may be the perfect class! You can expect to learn how to be an awesome gardener and to explore the many creatures and plants that may be found in a garden. This class will help to promote fine, gross, and sensory skills while exploring what could be found in a backyard.

Space-tacular Adventures (2-3 years)

We are off to space! Take your mind on a mission of discovery through our solar system. In this 6 week space mission we will explore the mighty moon, learn about astronauts and even build some rockets!

[VIRTUAL] Kinder Here I Come! (3-5 years)

Join us for some fun learning as we get ready for kindergarten! We will use art and story time to learn our shapes, letters and practice our handwriting skills.

Eat, Play, Grow (3-5 years)

This class will teach parents and children about the importance of making healthier choices. We learn about different veggies and fruits that help us grow strong. Join us for some fun dancing and yummy snacks!

Alphabet Train (3-5 years)

As easy as ABC, this class will be the stepping stone for little ones to understand the concept of letters and numbers. We will take small steps together every week to strengthen our understanding of the alphabet and have loads of fun along the way!

Petite Picassos (3-5 years)

This class is sure to bring out the artist in your little one! We will be expressing our creative abilities while having a ton of fun. Developing your little ones imagination and fine motor skills

will be our focus. Lets create together!

Ocean Life (3-5 years)

The ocean is a wonderful place to explore with kids! Not only is it fun and fascinating, but learning about the ocean helps children develop a care and concern for it as well. Let's discover all the different life and places in and around the ocean.

Baby Builders (3-5 years)

Let's see what we can build using household items! Each week we will be having a mini project where your little one will use their imagination to make a tower, house, boat, and more.

PARENT-CHILD DROP-IN CLASSES & EVENTS

Kid's Yoga [Cocobeyoga Kids] (0-5 years)

In this fun and exciting yoga series, the little student yogis of Cocobeyoga Kids will participate in a one hour long yoga session that will help ground our littles by helping them to better connect with themselves, their bodies and their surroundings. Our goal is to simply achieve happier and healthier minds and bodies through yoga practice while also having fun.

Exploration Station (0-3 years AND 3-5 years)

Exploration Station is the perfect open ended class for little ones to learn through play! We will explore our sense of touch through sensory bins and use our hands to build things with clay and play-doh. The surprises never end with exploration station so come visit us to see what we have in store for you!

Mingle & Munch

Come eat some snacks and let your littles roam our open play space! You will have the chance to meet other families and the center staff in a relaxed environment.

June Event

More information to be announced soon!

Drop-ins & Events

Exploration Station (0-3)

9:30am—10:30am
SATURDAY, May 14, 21, 28

Exploration Station (3-5)

9:30am—10:30am
SATURDAY, June 4, 11, 18

Kid's Yoga—Cocobeyoga (0-5 years)

10:30am—11:30am
SATURDAY, May 14, 28, June 4, 11, 18

May Mingle & Munch Social

2:30pm—3:30pm
MONDAY, May 23

June Event (TBD)

2:00pm—3:30pm
MONDAY, June 13