

Solano Public Health Weekly COVID-19 Newsletter Issue 14

AUGUST 7, 2020

Please follow public health guidance to flatten the curve! The community is reminded to stay diligent in maintaining 6-foot physical distancing between others, washing hands frequently, practicing cough etiquette, and wearing cloth face coverings to curb the spread of coronavirus.

Coronavirus Dashboard

	California	Solano	Hospital Impact in Solano County	
COVID-19 Cases	538,416	3,959	Currently Hospitalized	39
Total Deaths	10,011	39		
Lab Tests	8,596,882	54,410		

Source: California Dept. of Public Health COVID-19 Dashboard, Solano Public Health COVID-19 Dashboard as of August 7, 2020

As of August 7, 2020, Solano County has 3,959 total confirmed cases reported, with 192 active cases, 39 current hospitalizations, and 39 deaths.

We are continuing to respond to the COVID-19 situation, by investigating outbreaks, tracing contacts and monitoring the number of cases and hospital capacity, to protect the health of Solano County residents.

Exposed to a person who tested positive for COVID-19?

If you live in a household or had close contact (more than 15 minutes with less than 6 foot distance, not wearing masks), with someone diagnosed with COVID-19, it is important to separate yourself from others as much as possible. Even if you do not have symptoms, you may still be able to transmit the virus and infect others. A best practice is to monitor your own health daily for symptoms until 14 days after your last exposure.



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Reopening Solano County Safely

Isolation and exposure guidance

Solano County is experiencing increasing hospitalization. One evident trend is an ongoing surge in cases related to family and friend gatherings. These cases are not at present resulting in a strain on the hospitals or in ICU admissions but the county is monitoring this closely. Hospitals in Solano have multiple levels of surge capacity for hospitalizations and for ICU admissions if these become necessary. The Solano County COVID-19 page has been updated to include an [isolation and exposure link](#) with:

- Frequently asked questions;
- Close contact guidance for those working in a high risk setting;
- Close contact guidance for those not working in a high risk setting; and
- Guidance for responding to COVID-19 in the workplace
 - It is important to remember that employers should not ask for a negative COVID-19 test result. In many situations, remnants of the virus remain in the body for several weeks, and can cause a positive test result; however, you are **no longer contagious** 10 days after your symptoms started and 24 hours have passed since they have a fever without them taking fever-reducing medication (or for those with no symptoms, 10 days after they were swabbed or tested). The virus can no longer be transmitted, and employees can go back to work.

Avoid social interactions during the pandemic

Stay safe, stay home. Gatherings with people outside of your household are still not permissible in both the state and local guidance. Solano Public Health understands that human interaction is important for your mental health. If you do not meet with others, you reduce the risk of getting or spreading COVID-19. Every time you meet with others, you increase your risk of getting COVID-19 and passing it on to your household. Consider how much the social event means to you. Consider the risk to yourself and the people you will see. People with pre-existing conditions and older adults are most in danger if they get COVID-19. The safest way to see them is to talk on the phone or online.

Here are some things to consider:

- Cases in Solano have been increasing
- Outdoor activities are safest
- Dining outdoors is a safer option and sit with only people in your household
- The more people you meet the more you expose yourself
- Do not to share items, such as, utensils, food, drinks, or other objects that can be passed back and forth
- Avoid singing, chanting, or shouting as they increase respiratory droplets
- Practice social distancing to help contain the spread of COVID-19



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Additional Resources

State-operated testing sites available in Fairfield and Vallejo

There are many appointment slots available for the state-operated testing sites in Vacaville and Vallejo. Community members with or without symptoms and want to get tested for COVID-19 can go to lhi.care/covidtesting to schedule an appointment. Those without internet access can call **888-634-1123**.

NEW Fairfield Location: 1741 W. Texas Street, Fairfield, CA
Allen Witt Park

Vallejo Location: 545 Magazine Street, Vallejo, CA
Norman King Community Center

Enforcement related inquiries

Solano Public Health is not an enforcement agency any questions or concerns with regards to enforcement of the new mandate should be directed to local or state enforcement authorities.

Question about restaurants, pools, or tattoo establishments should be directed to Environmental Health at: **707-784-6765**

For COVID-19-related community resources, visit www.SolanoCares.org

QUESTIONS ABOUT COVID-19?



707-784-8988



COVID19@solanocounty.com



[solanocounty.com/covid19](https://www.solanocounty.com/covid19)

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