

Solano Public Health Weekly COVID-19 Newsletter Issue 11

JUNE 26, 2020

Thank you for carefully following public health guidance to flatten the curve! As we slowly and safely reopen businesses and services in alignment with state guidance, the community is reminded to stay diligent in maintaining 6-foot physical distancing between others, washing hands frequently, practicing cough etiquette, and wearing cloth face coverings to curb the spread of coronavirus.

Coronavirus Dashboard

	California	Solano	Hospital Impact in Solano County	
COVID-19 Cases	200,461	1,118	Currently Hospitalized	23
Total Deaths	5,812	23	ICU Capacity	GOOD
Lab Tests	3,771,314	27,116	Available Ventilators	GOOD

Source: California Dept. of Public Health COVID-19 Dashboard, Solano Public Health COVID-19 Dashboard as of June 25, 2020
As of June 26, 2020, Solano County has 1,118 total confirmed cases reported, with 101 total hospitalizations, 250 active cases, 25 current hospitalizations, and 23 deaths. At present, The ICU and ventilator capacity are in the 'good' range.

We are continuing to respond to the COVID-19 situation, by investigating outbreaks, tracing contacts and monitoring the number of cases and hospital capacity, to protect the health of Solano County residents. We will follow State guidance on reopening additional sectors, and will move forward on reopening them in our County based on local conditions.

Uptick in cases linked to extended family gatherings

Solano County is seeing an uptick in COVID-19 cases linked to extended family gatherings. To curb the spread of COVID-19, community members are reminded that the Shelter-at-Home Health Order continues to be in place, and we need to stay diligent in maintaining 6-foot physical distance between others, washing hands frequently, sanitizing high-touch surfaces and wearing face coverings in public settings.

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Reopening Solano County Safely

Avoid social interactions during the pandemic

Stay safe, stay home. Gatherings with people outside of your household are still not permissible in both the state and local guidance. You should try to talk to your friends online or over the phone. Solano Public Health understands that human interaction is important for your mental health. If you do meet with others you can reduce the risk of getting or spreading COVID-19. Every time you meet with others, you increase your risk of getting COVID-19 and passing it on to your household. Consider how much the social event means to you. Consider the risk to yourself, the people you live with, and the people you will see. People with pre-existing conditions and older adults are most in danger if they get COVID-19. The safest way to see them is to talk on the phone or online.

Here are some things to consider:

- Cases in Solano have been increasing
- Outdoor activities are safest
- Dining outdoors is a safer option and sit with only people in your household
- The more people you meet the more you expose yourself
- Try not to share items, such as, utensils, food, drinks, or other objects that can be passed back and forth
- Avoid singing, chanting, or shouting as they increase respiratory droplets
- Get tested and practice social distancing to help contain the spread of COVID-19

State officials release guidance requiring Californians to wear a face covering

Californians must wear face coverings in most setting outside the home. Scientific research has shown that people with no or few symptoms of COVID-19 can still spread the disease and that the use of face coverings, combined with physical distancing and frequent hand washing, will reduce the spread of COVID-19. For guidance on how to create a face covering from household items visit: <https://bit.ly/2YjmeCG>. For lists of situations where face coverings are required and individuals exempt from using a face covering visit: <https://bit.ly/3hBaAKZ>

Have work safety or health questions?

Workplace safety and health regulations in California require employees to take steps to protect workers exposed to infectious diseases like COVID-19. If you have any questions or concerns about work safety or health regulations contact [CAL/OSHA](#) at 1-800-321-6742.

Exposed to a person who testes positive COVID-19?

If you have been exposed to coronavirus, get tested right away so you know if you have COVID-19. You may be asked to quarantine (if you are not experiencing any symptoms of COVID-19) or self-isolate (if you are experiencing symptoms). For more information, visit: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>

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Additional Resources

State-operated testing sites available in Fairfield and Vallejo

There are many appointment slots available for the state-operated testing sites in Vacaville and Vallejo. Community members with or without symptoms and want to get tested for COVID-19 can go to lhi.care/covidtesting to schedule an appointment. Those without internet access can call **888-634-1123**.

NEW Fairfield Location: 1741 W. Texas Street, Fairfield, CA
Allen Witt Park

Vallejo Location: 545 Magazine Street, Vallejo, CA
Norman King Community Center

Enforcement related inquiries

Solano Public Health is not an enforcement agency any questions or concerns with regards to enforcement of the new mandate should be directed to local or state enforcement authorities.

Question about restaurants, pools, or tattoo establishments should be directed to Environmental Health at: **707-784-6765**

For COVID-19-related community resources, visit www.SolanoCares.org

QUESTIONS ABOUT COVID-19?



707-784-8988



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solanocounty.com/covid19

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