

Solano Public Health Weekly COVID-19 Newsletter Issue 3

MAY 1, 2020

Thank you for doing your part in sheltering at home. Doing so reduces the spread of coronavirus in our community and has given us time to prepare our healthcare system in dealing with a potential surge in cases. Solano County residents have worked hard to keep our numbers low. Please continue to keep up the good work - your collective effort is crucial in gradually reopening our county.

Coronavirus Dashboard

	California	Solano	Hospital Impact in Solano County	
COVID-19 Cases	50,442	266	Currently Hospitalized	11
Total Deaths	2,073	5	ICU Capacity	GOOD
Lab Tests	654,985	4,099	Available Ventilators	GOOD

Source: California Dept. of Public Health COVID-19 Dashboard, Solano Public Health COVID-19 Dashboard as of April 23, 2020

As of May 1, 2020, Solano County has 266 total confirmed cases reported, with 51 total hospitalizations, 40 active cases, 11 current hospitalizations and 5 deaths. At present, The ICU and ventilator capacity are in the 'good' range. In terms of age breakdown, 5 cases are under the age of 18, 206 cases are in the 18-64 age group, and 52 cases are over the age of 65. About 80% of these cases are non-severe and not requiring hospitalization. Asian, Hispanic and African-American populations are disproportionately affected by the disease, primarily because of underlying health conditions, such as diabetes, that make them more vulnerable to more severe outcomes.

The dashboard also now features an equity story map in both English and Spanish as tabs in the top left side. Our goal with the equity story map is to identify areas and populations most impacted by this crisis and to help ensure that our response is inclusive, equitable and beneficial to all Solano County residents. We invite our partners to find ways in focusing resources to areas in more need to ensure everyone remains healthy and safe. The Solano County COVID-19 Dashboard is updated weekdays at 4:30PM.

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Solano County Coronavirus Response

Shelter-at-Home Order Extended through May 17, 2020

The Shelter-at-Home Health Order has been extended through May 17, 2020 to continue to be in alignment with the Governor's Stay-at-Home Order. This extension is necessary to continue to slow the rate of spread of the virus, to allow for a gradual easing of restrictions, and to ensure that any growth in cases can be sufficiently contained to protect the health and safety of our community. If restrictions are eased too quickly, the potential spread could have grave impacts to health and wellness of our residents, and squander the gains we've made from the shelter-at-home order. Solano Public Health continues to plan and prepare for the framework that guides the gradual resumption of activity in the County without overwhelming the healthcare system.

Shelter-at-Home Order Amended to include Outdoor Recreational Activities as Essential

On May 1st 2020 Solano County amended the Shelter-At-Home Order to include outdoor recreational activities as essential activities. Some examples include golfing, boating, hiking, running, and jogging among other activities. Please continue to keep 6-foot distance between other people when doing these activities.

Expansion of Testing in Solano County

Following Governor Newsom's recent announcement to add more than 80 community testing sites across the state, Solano County will soon open two testing sites. The new sites are powered through a partnership between OptumServe and California Department of Public Health (CDPH). Solano County residents will soon be able to schedule an appointment and receive a test. The new testing sites are scheduled to open next week, and additional information, including location details will be provided to the public when appointments become available.

This Week's Health Tip

The number of severe heart attacks being treated in U.S. hospitals dropped 40% since COVID-19 took hold in March. Calls to Medic Ambulance are down 20% in the last two months. Those suffering from symptoms of a cardiac arrest, stroke or other serious ailments shouldn't be fearful of catching coronavirus in the emergency room. Hospitals are ready for you and taking extra precautions to protect you from infection. Remember, **call 911** when you are experiencing a true emergency.

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Announcements

May is Mental Health Month

We all are experiencing certain levels of stress as the coronavirus pandemic continues. This month reminds us that mental health is just as important as our physical health. This year, Solano Behavioral Health is celebrating Mental Health Month with the message, "Surviving to Thriving," by offering various virtual events. Check out <http://solanocounty.com/depts/bh> to learn more.

The Mental Health COVID-19 Warmline is available for the community:
Call **707-784-8539** (M-F, 8am-5pm)

National Nurses Week

May 6-12, 2020 is National Nurses Week, and an opportunity to celebrate, acknowledge and honor the nurses working on the front lines for all of their hard work and dedication. Their commitment to serve makes a life-saving difference each day.

Special shoutout to our public health nurses who have been providing so much support for our community - whether it is through testing, answering phone calls, training agencies, or monitoring the disease outbreak. Your work has been instrumental, and we appreciate you!

QUESTIONS ABOUT COVID-19?



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