

WIC Wants to Help Mothers with

# Breastfeeding



## If you hear...

- "I don't have enough milk"
- "It hurts when I breastfeed"
- "I think my baby is losing weight"
- "My baby always seems hungry"
- "How often should I breastfeed my baby?"

## FREE Breastfeeding Support is Available!

Women are able to meet one on one with a Lactation Consultant to get help with their breastfeeding needs.

**Tuesdays & Thursdays**

**9:00 am - 1:00 pm**

**2101 Courage Dr, Fairfield**

**Lactation Office 206**

For more information please contact

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