Solano County Mental Health Advisory Board Minutes Tuesday, June 19, 2018 • 4:30pm-6:00pm 1020 Ulatis Drive • Vacaville Public Library Cultural Center • Vacaville, CA 95687

Meeting called to order @ 4:40pm by Chair Heather Theaux Venezio Roll Call

Mental Health Board Members:

Present: Chair Heather Theaux Venezio; Board of Supervisor Monica Brown; Alexandra Winston; Michael Wright

Absent: Melanie Norris; Denise Coleman; Lis delaTorre; J.D. Hatchett

SCBH Staff: Deputy Director, Sandra Sinz; Andrew Williamson; Emery Cowan; Michael Kitzes; Cristina Rios-Klein; Penny Barnes

ITEM	DISCUSSION	ACTION
Call to Order/Roll Call	Meeting opened at 4:40pm.	Chair Heather Theaux Venezio declared the absence of a quorum noting that no motions or voting will occur until a quorum is recognized.
Chair Remarks	The Board welcomed Alexandra Winston, new board member and aide to Skip Thomson.	
Public Comments	The Board received comments from Linda Privatte regarding Laura's Law, FY2018/19 budget, and conservatorship. Pertaining to the FY2018/19 County Budget, she questioned: "How many conservatorships have been applied for; how many were turned down; how many were accepted?"	Ms. Privatte will email her questions to the Board of Supervisor regarding the budget.
Consent Calendar	No quorum present to approve the minutes of the May 15, 2018 meeting.	Tabled
Presentation	 Presentations: 1. Senior Mental Health Services Manager, Michael Kitzes and Mental Health Clinical Supervisor, Cristina Rios-Klein provided a brief overview of mental health services provided in the Vacaville clinic. a. The Adult clinic in Vacaville currently serves approximately 150 clients ages 18-80 years b. The clinic offers medication management, individual and group therapy, housing, employment, food resources, Open Access drop in services 2 days a week, intensive case management, assistance with the Medi-Cal application process, Spanish speaking depression group, expanded services, and psychiatry. c. Clinic Wish List: More services for the people with moderate mental health issues. 	

- i. Questions/Comments from MHAB:
 - 1. Is Open Access being utilized?
 - a. It just opened a week ago we will continue to monitor if it is better to schedule times or have open access.
 - 2. Do you think you capture the services for the severely mentally ill better than those in the middle?
 - a. We have a lot of services for the most severely mentally ill that need a lot of services; it's the people in the middle that need a moderate amount of services that seem to get less.
- d. Children's Clinic Services:
 - The County offers the best services to kids. We have more intermediate services than private providers. We have a Full Services Partnership in Vacaville as well as in Fairfield and Vallejo.
 - ii. We have been seeing less undocumented kids coming to the clinic lately.
 - 1. Are you required to ask clients for proof of citizenship?
 - a. No, Medi-Cal will serve all kids, whether documented or non-documented.
 - 2. Do you offer enhanced services?
 - a. We offer enhanced services and the County has contractors that offer outpatient care.
 - 3. What is your wish list?
 - a. We need to be committed that kids are safe at the Crisis Stabilization Unit and our new provider, Crestwood is working to create a more kid friendly environment. The ideal would be to have a separate unit for adults and children Crisis Stabilization Units.
 - 4. Is there an opportunity for the Mental Health Board to take a site visit of the CSU?
 - a. Crestwood will be having private scheduled visits.
 Sandra Sinz will reach out to the CSU.

- 2. Michael Lopez, Program Director of Circle of Friends discussed services to include:
 - a. Two Locations: 349 Travis Blvd in Fairfield and 185 Chandler Street in Vacaville.
 - b. Circle of Friends is a peer run program; and building relationships with our peers is important to us.
 - c. Our mission is to carry a message of recovery, empowerment, hope and healing to peers who have lived experience with mental health issues, trauma and/or debilitation relapse. We want to make sure everyone feels invited and welcome.
 - d. Michael provided a handout including a list of services, qualitative outcomes, and vocational rehabilitation outcomes.
 - e. Questions/Comments:
 - i. How many folks come per day?
 - 1. 30-40 per day in Fairfield
 - ii. Do you reach out to the Workforce Investment Board?
 - 1. Yes, we work with the Workforce Investment Board(WIB) as well as Human Services Department at Solano College, and the Department of Rehab.
 - iii. Do you help with transportation?
 - 1. Yes
 - iv. Are you doing any fundraising?
 - 1. We are, however, we can do more. The only funding stream we have right now is the County Mental Health Services Act (MHSA) funding stream.
 - 2. Supervisor Monica Brown recommends that Circle of Friends start looking for more funding streams.
 - 3. Alexandra will send Michael information of upcoming workshops for non-profit funding sources.
 - v. How do Circle of Friends get people in the door besides referrals from the doctors?
 - 1. Word of mouth and local law enforcement.
 - vi. What is your wish list?
 - 1. A Mobile Crisis Stabilization Unit to meet people at the Circle of Friends to engage people and that will have a good outcome.

Director's Report	2. The Board suggests that Circle of Friends reach out to elected officials about your program and financial issues. vii. Do you have a shower or washer and dryer? 1. No, we do have clothes and shoes to give to people that need them. Sandra Sinz, Behavioral Health Director gave an update on the following:	
	CSU washer and dryer hold up due to plumbing issue.	
	RFP Mobile Crisis Unit held up due to five-year budget forecast for Mental Health.	
Committee	1. Executive Report – No report.	
Reports	2. Outreach – No report.	
Scheduled	1. Old Business	
Calendar	A. Tabled	
	B. Tabled	
Public Comments	None	
Adjourned at 6:00pm		