Regular Solano County Mental Health Advisory Board Meeting Minutes



#### SOLANO COUNTY MENTAL HEALTH ADVISORY BOARD Minutes for Meeting of September 20, 2016 - 4:30PM-6:00PM 2101 Courage Drive, Fairfield CA 94533

#### I. CALL TO ORDER

Chair Espinosa opened the meeting at 4:35pm. A quorum was not present. The Board received a program presentation until it was determined that a quorum was established. Chair Espinosa called the regular meeting of the Solano County Mental Health Advisory Board (MHAB) to order at 4:53pm. Roll call confirmed a quorum.

MEMBERS PRESENT: Tiffany Banks, Lori Espinosa, Erin Hannigan, Esmeralda Liberato, Heather Theaux Venezio, and Mike Wright

MEMBERS ABSENT: Lis delaTorre, Joyce Papetti Thompson, John Mackenzie, Melanie Norris

# II. OPPORTUNITY FOR PUBLIC COMMENT ON A MATTER LISTED ON THE AGENDA

No public comments received regarding items scheduled on the agenda.

#### **III. CONSENT CALENDAR**

On Motion of Erin Hannigan, seconded by Mike Wright, the MHAB approved the September 20, 2016 Meeting Agenda by unanimous vote.

On a motion of Erin Hannigan, seconded by Tiffany Banks, the MHAB approved the June 21, 2016 Meeting Minutes as written. Minutes approved by unanimous vote.

#### **IV. PROGRAM PRESENTATIONS:**

 Teresa Zink, Touro University, assisted by Mental Health Advisory Board Member, Heather Theaux Venezio presented to the MHAB a MSN Evidenced-Based Practice Project Teresa is working on. Her focus is on improving outpatient care. She is looking for consumers and family members that are willing to talk to her about their experiences with emergency room visits. One of her goals is that nurses in the emergency rooms receive training and skills to better relate to and serve the mentally ill population. Christopher Kughn, Executive Director of Caminar Solano County offered to help with recruiting consumers and family members for this project.

Questions and comments from the board include:

- 1) Where do you expect to find your subjects for this project? Onsite at emergency rooms.
- Yolanda Nunez-Bonomo, North Bay Hospital, presented to the MHAB data of admissions to emergency departments of mental health clients on 5150 placements. The majority of admissions are appropriate for 5150. North Bay has assigned a crisis social worker to these cases. Questions and comments from the Board include:
  - 1) Is there a reason why Kaiser is not included in these reports? *This is data from Yolanda's work at North Bay..*
  - 2) What if someone comes in with a physical injury due to mental illness? They will be treated for physical injury and then they will be evaluated for a 5150 hold if they are not already on one.
  - 3) North Bay does not currently do 1799's. North Bay has a psychiatrist starting at the end of the month.

- 4) Esmeralda commented on the long wait times in the emergency room. Wait times have greatly improved in the last three months due to hiring more staff. Soon there will be a social worker working in the evenings which will improve wait times at night.
- 5) What about organizations like BACS and Caminar to help consumers when they're in a crisis situation? *These organizations are already being utilized by North Bay.*

# V. DIRECTOR/COMMITTEE/LIAISON REPORTS

- 1. BEHAVIORAL HEALTH PROGRAM REPORT: Leticia De La Cruz, Mental Health Services Administrator, provided an update on Mental Health Services on behalf of Halsey Simmons to include: A. Continuum of Care Reform
  - 1) Outpatient clinics are being redesigned.
  - 2) Some clinic team members are relocating to other clinics.
  - 3) Starting next year under presumptive eligibility, the county where foster youth are placed will assume responsibility.
  - B. The Children's Nurturing Project has closed. Open cases from this program are transferring to appropriate service providers. Questions and comments from the Board include.
    - 1) How many clients are affected? About 17-18.
  - C. Retirements
    - 1) Debbie Terry-Butler Senior Manager, H&SS Children's Mental Health, retired on August 31, 2016.
    - 2) Kay Kelso Manager, H&SS Adult Mental Health, retired September 5, 2016.
    - 3) Solano County is actively recruiting for these positions.
- 2. QUALITY IMPROVEMENT REPORT: Sandra Sinz, Mental Health Services Administrator, reported on the Open Access Pilot Project- Wait time for assessment was 11 days and now is 4 days. Clients are seeing a psychiatrist 7 days after the assessment. August was their busiest month. There is a lot more demand on the system now. We are retaining a higher percentage of clients. Consumers are giving a lot of positive feedback.
- 3. MENTAL HEALTH SERVICES ACT (MHSA): Tracy Lacey (Absent) No Report
- 4. EXECUTIVE COMMITTEE REPORT: No Report
- 5. OUTREACH COMMITTEE REPORT: No Report
- 6. MEMBERSHIP COMMITTEE REPORT: Tiffany Banks
  - A. Ms. Banks received three applications for MHAB membership.
    - 1) Marc Henderson, was present at the meeting and provided an introduction of himself to the Board.
    - 2) Denise Coleman, not present at the meeting.
    - 3) Catherine Polinski, was present at the meeting and provided an introduction of herself to the Board.
- SUICIDE PREVENTION COMMITTEE LIAISON REPORT: Lori Espinosa
   The Out of Darkness Walk is October 15, 2016 at the Suisun Waterfront. The event raises suicide
   awareness. Those interested in participating can sign-up online or in person the day of the event.
- ALCOHOL & DRUG ADVISORY BOARD (ADAB) REPORT: Halsey Simmons Mr. Simmons reported that he attended the Drug and Alcohol Advisory Board Meeting. Ted Puntillo, Director of Veteran's Services, gave a rundown on benefits available to veterans.

### VI. SCHEDULED CALENDAR (Action Items)

### 1. Old Business

- A. The Mental Health Services Act Stakeholders Meeting is in November. Forum of the November meeting will be: Public Hearing 4-5pm; and General Meeting 5-6pm
- B. The 2017 MHAB Committee Nominations will be held at the regular Board meeting on November 15, 2016. Lori Espinosa will assume the MHAB Chair duties until that position expires. The vote will be held at the January Board meeting.

## VII. OPPORTUNITY FOR PUBLIC COMMENT

1. No public comments received.

## VIII. BOARD COMMENTS:

- 1. Tiffany Banks reported on her visit to a board & care facility.
- 2. Michael Wright reported on his visit to the Memory Care Unit at the Rockville Assisted Living Facility.
- 3. Halsey Simmons announced that he will be retiring in December, 2016.

#### IX. ADJOURNMENT – 5:37PM.