

SOLANO COUNTY MENTAL HEALTH ADVISORY BOARD Minutes for Meeting of January 19, 2016

I. CALL TO ORDER

Chair Espinosa called the meeting of the Solano County Mental Health Advisory Board (MHAB) to order at 4:35pm. Roll call confirmed a quorum.

- MEMBERS Tiffany Banks PRESENT: Lis Delatorre
 - Lis Delatorre Lori Espinosa Angela Faulkner Erin Hannigan Melanie Norris Joyce Papetti-Thompson Heather Theaux Venezio Mike Wright

MEMBERS Esmeralda Liberato, Alan Werblin ABSENT:

II. OPPORTUNITY FOR PUBLIC COMMENT None

III. AGENDA APPROVAL

Erin Hannigan moved to approve the agenda of January 19, 2016; seconded by Heather Theaux Venezio Discussion: None Motion Approved by Unanimous Vote

IV. APPROVAL OF MEETING MINUTES

Erin Hannigan moved to approve the meeting minutes of December 19, 2015 as written; seconded by Heather Theaux Venezio Discussion: None Motion Approved by Unanimous Vote

V. PROGRAM PRESENTATIONS:

The Board received a presentation from Gordon Richardson, Ron Scott and Maria Vicondoa of EMQ Families First. A copy of the power point presentation was distributed.

• Note: EMQ Families First will be changing their name to Uplift Family Services effective July 1, 2016.

Comments, Questions & Answers:

- How does the community access services provided by EMQ Families First in Solano County? Referrals through County Mental Health; and access to PEAK receive referrals through the Help Me Grow program from Children's Nurturing Project. Families may also contact EMQ Families First directly.
- 2. Is anyone funded through private insurance? Here in Solano, no, however, there is a pilot project in the State and we expect this is part of the environment in the next five years for private insurance.
- 3. Do you still provide Foster Care training and adoption services? Yes

- 4. What type of mental health issues are typically seen in the children in Solano County Mental Health? Trend is children with complex trauma disorder; disruptive environment, trauma based post-traumatic stress through separation, death of a parent or sibling, or abuse – 50% of referrals age 0-5 are PTSD; generally speaking, some kind of trauma.
- 5. When or do they graduate from the program? The length of stay is approximately six to eight months and the focus is on the child's trauma behavior and how the caretakers/parents are responding the children are assessed every six months.
- 6. How often do they receive services? On a weekly basis, once a week 1 hour; additionally, there are social skills and parenting groups.
- 7. How does your Residential Facility Program relate to the Continuum of Care Reform law? The new law is mirroring what EMQ Families First hope to happen in the residential short term treatment program in Santa Clara. Child Welfare cases are changing with the biggest being neglect; and the intent is to rehabilitate a family early.

VI. DIRECTOR/COMMITTEE REPORTS Behavioral Health Program Report:

Halsey Simmons, Behavioral Health Director, provided an update on Local, State and Federal Mental Health Services to include updates regarding:

- Board of Supervisor approval on a property to house the Respite Care Program; CRT Crisis Residential Treatment this will be a sixteen bed facility serving all Solano County.
- Bill AB403: Foster Youth Continuum of Care Reform pamphlet distributed.
- Recruitment currently taking place for Mental Health Specialist to work with homeless teams and the recently hired clinician who will act as a liaison for all the County and City Homeless programs.

Sandra Sinz, Mental Health Services Administrator provided an update on Quality Improvement and Adult System of Care:

• QI recently received the EQRO draft report

Mental Health Advisory Board Executive Committee: Lori Espinosa

 Consideration of a Board Secretary – put on the agenda for next time – think on it and discuss at next meeting

Outreach Committee Report: Angela Faulkner

- The Outreach Committee is planning to have a booth at the upcoming Salvation Army KROC Center Health Fair on Saturday, January 30th from 9:00am to 1:00pm. Please notify Angela Faulkner if you are able to spend some time at the booth providing information to the attendees.
- Ms. Faulkner will be providing information and photos of Outreach Committee activities in 2015 for the annual report. Thank you to Lori Espinosa and Esmeralda Liberato for their active participation in Outreach and Suicide prevention events.
- A special thank you to Joyce Pepetti-Thompson for her volunteer work on current outreach events.

Membership Committee: Tiffany Banks

• No new applications - more participation from the board will help with recruitment

Suicide Prevention Committee: Lori Espinosa

• The Suicide Prevention Committee completed the charter and the group is now reorganizing and putting together a plan.

Alcohol Drug and Advisory Board (ADAB) Report:

• Christie Lynn DeClue, ADAB representative, resigned from the MHAB. Lis Delatorre volunteered to take over the position of ADAB representative.

VII. SCHEDULED CALENDAR (Action Items)

- i. Erin Hannigan made a motion to approve 2016 MHAB Elections; seconded by Angela Faulkner; unanimous vote
 - a. New Member Mentor Committee proposed by the Election Committee
 - Discussion: Mentoring was an outcome of the retreat and by making it a committee position would solidify the role and responsibilities
 - Supervisor Hannigan recommends mentoring be a position on the already established membership committee and when a new member comes on the board, a board member will volunteer to mentor as an informal process and/ or as a function of the membership committee. Angela Faulkner volunteered to help mentor.

Chair Espinosa made a motion to create mentoring as a sub-committee to the membership committee and a second by Joyce Thompson

- Vote: 6, 2,1 Motion Carries
- Yes: Michael Wright, Joyce Thompson, Melanie Norris, Erin Hannigan, Heather Theaux Venezio, Lori Espinosa;
- No: Tiffany Banks, Lis Delatorre
- Abstain: Angela Faulkner
- b. Erin Hannigan made a motion to Not create an On-Site Visits Committee, however, visit more sites in 2016; and a second by Joyce Thompson– unanimous vote; motion carries.
- ii. Board Chair
 - a. Supervisor Hannigan made a motion to elect Angela Faulkner as Chair of the Mental Health Advisory Board 2016 and a second by Tiffany Banks unanimous vote.
- iii. Board Vice-Chair
 - a. Supervisor Hannigan made a motion to elect Lori Espinosa as Vice-Chair of the Mental Health Advisory Board 2016 and a second by Tiffany Banks unanimous vote.
- iv. Membership Committee Chair
 - Angela Faulkner made a motion to elect Tiffany Banks as Chair of the Membership Committee and a second by Lis Delatorre unanimous vote.

VIII. OPPORTUNITY FOR PUBLIC COMMENT

None

IX. BOARD COMMENTS

- a) Joyce Thompson will be attending the upcoming Human Trafficking Program and will provide updates at future board meetings
- b) Mike Wright commented on a recent visit to City Church and a ride along with Dan Marshall, as well as comments regarding FACT, CDC and ADC and a section 8 voucher program from the City of Fairfield y
- c) Angela is requesting two items on the next agenda
 - I. Planning for May is Mental Health Month
 - II. Substance Abuse and AB109 update from last year's presentation.
- d) Happy New Year

X. ADJOURNMENT – 6:05PM.