Special Procedures S-1 Pleural Decompression

Approved Sites for Pleural Decompression

Lateral: 4th or 5th intercostal space in mid-axillary line (preferred)

Anterior: 2nd intercostal space in mid-clavicular line

Procedure

Pleural decompression may only be used on an unstable patient <u>AND</u> has decreased or absent lung sounds on one side of the chest.

This procedure may be performed during transport.

- 1. Locate one of the approved sites for decompression.
- 2. Prepare the site using proper sterile technique.
- 3. Attach a 10mL syringe to a minimum size 14 gauge angiocath that is 3 inches long.
- 4. Insert the angiocath at a 90 degree angle over the superior edge of the rib. Advance until a rush of air is heard. Air should be freely aspirated, if not, the needle is not in the pleural space.
- 5. Remove the needle and syringe.
- Attach one-way valve or stopcock.
- 7. Secure the angiocath to the chest wall.
- 8. Check for lung sounds bi-laterally.
- 9. Continuously monitor and reassess the patient as needed.
- 10. Document the procedure and notify the receiving hospital as early as possible.