

Parent/Caregiver First & Last Name	Child's First & Last Name	Age of Child	Child's Date of Birth	Parent/Caregiver Phone Number	First class with us?
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**6 week classes require enrollment. Please select your 1st and 2nd choice (plus child's initials if you have multiple children). Space is very limited. Your class will be confirmed by phone one week prior to start date.**

Scan the QR code with your phone to fill out the preference sheet online instead!!!



### TUESDAY

- \_\_\_\_\_ **Playgroup (0-12 months) 10:00am-11:00am**  
5 Weeks (September 22, 29, October 13, 20, 27)
- \_\_\_\_\_ **Weather Channel Tots (1-2 years) 10:30am-11:30am**  
5 Weeks (September 22, 29, October 13, 20, 27)
- \_\_\_\_\_ **Calming Cubs (2-3 years) 1:30pm-2:30pm**  
5 Weeks (September 22, 29, October 13, 20, 27)
- \_\_\_\_\_ **Yummies in Our Tummies (3-5 years) 2:00pm-3:00pm**  
5 Weeks (September 22, 29, October 13, 20, 27)

**\*No classes on Tuesday October 6th!**

### WEDNESDAY

- \_\_\_\_\_ **Dinos & Daisies (3-5 years) 10:00am-11:00am**  
6 Weeks (September 16, 23, 30, October 7, 14, 21)
- \_\_\_\_\_ **Discovering Stories (2-3 years) 10:30am-11:30am**  
6 Weeks (September 16, 23, 30, October 7, 14, 21)
- \_\_\_\_\_ **Teeny Tiny Picassos (1-2 years) 1:30pm-2:30pm**  
6 Weeks (September 16, 23, 30, October 7, 14, 21)
- \_\_\_\_\_ **Baby Sit & Stretch (0-12 months) 2:00pm-3:00pm**  
5 Weeks (September 23, 30, October 7, 14, 21)

### THURSDAY

- \_\_\_\_\_ **Playgroup (3-5 years) 10:00am-11:00am**  
6 Weeks (September 17, 24, October 1, 8, 15, 22)
- \_\_\_\_\_ **Wiggle & Scribble (2-3 years) 10:30am-11:30am**  
5 Weeks (September 24, October 1, 8, 15, 22)
- \_\_\_\_\_ **Grooving Around the Globe (3-5 years) 2:00pm-3:00pm**  
6 Weeks (September 17, 24, October 1, 8, 15, 22)

### FRIDAY

- \_\_\_\_\_ **Tinker Tots (1-2 years) 10:00am-11:00am**  
5 Weeks (September 25, October 2, 9, 16, 23)
- \_\_\_\_\_ **Rainbows & Babies (0-12 months) 10:30am-11:30am**  
6 Weeks (September 18, 25, October 2, 9, 16, 23)
- \_\_\_\_\_ **Blocks & Clocks (3-5 years) 1:30pm-2:30pm**  
6 Weeks (September 18, 25, October 2, 9, 16, 23)

### PARENTING CLASSES

- \_\_\_\_\_ **TRIPLE P Level 4 Group—SPANISH\*\* THURSDAYS**  
(Child watch will be provided) 1:30pm-3:30pm  
8 weeks (September 17, 24, October 1, 8, 15, 22, 29, November 5)

### DROP IN CLASSES

- \_\_\_\_\_ **Zumbini (0-5 years)**  
Friday, 3-345pm, August 14, 21, 28, September 4, 11
- \_\_\_\_\_ **Forest Explorers (3-5 years)**  
Tuesday, August 18, 2:30-3:30pm
- \_\_\_\_\_ **Kinder Here I Come! (3-5 years)**  
Thursday, August 27, 10am-11am and 2:30-3:30pm
- \_\_\_\_\_ **A World of Sounds (0-12 months)**  
Thursday, September 3, 10am-11am
- \_\_\_\_\_ **Words and Babbling (2-3 years)**  
Thursday, September 3, 2:30-3:30pm

Drop in classes do not require prior signups. We will be taking the first 8 families who arrive so we encourage you to come about 10 minutes earlier to secure a spot. Follow us on Facebook @VallejoFirst5Center to get the most recent updates on additional drop in classes!

# 6-Week Class Session Descriptions



## 0-12 Months

### *Rainbows & Babies*

A class for your little one to discover all kinds of colors through their five senses. Make sure that you bring your old clothes because things are going to get messy here!

### *Baby Sit & Stretch*

In this class we will focus on strengthening our bonds with baby through music, song and movement. The first half of the class will focus on bonding with baby through songs and story time. The second half of the class will focus on movement to support caregiver core strength and promote relaxation. Put on your comfy clothes and let's get moving!

## 1-2 Years

### *Teeny Tiny Picassos*

Help your little one use their imagination to create their own masterpieces. By the end of this 6-week class you'll have yourselves tiny little artists!

### *Tinker Tots*

Let your toddler's imagination take center stage while exploring unique tinker trays each class. Tinker trays are composed of different items for unstructured building and creating. Your toddler will begin to plan and problem solve like a scientist or engineer while having fun!

### *Weather Channel Tots*

Reporting live from our center, join us in learning about a variety of weather forecasts from around the world. We will go from sunny beaches to the cold, snowy mountains and everything in between!

## 2-3 Years

### *Wiggle & Scribble*

Have fun getting your wiggles out while practicing early writing skills! In this class we will have a range of movement activities alternating with art/early handwriting practice.

### *Discovering Stories*

In this class we will read some of our favorite books together! Characters and stories will come alive through reading and art projects for you and your little.

### *Calming Cubs*

Come learn social emotional skills that will help your little understand their feelings. Practice breathing techniques, relaxation exercises, and more to help create a calm and caring kid who is ready to seize the day.

## 3-5 Years

### *Grooving Around the Globe*

Buckle up, little ones, we're going on a cultural adventure around the globe. We will dance, sing and play all while learning more about different cultures and their customs.

### *Yummies in Our Tummies*

This class will teach your child about healthy lifestyle choices, healthy snacks, and exercise! We will move, groove and make some delicious snacks too. Come and join us for some happy, healthy, fun!

### *Dinos & Daisies*

Have you ever wondered about what type of snacks a dinosaur might have eaten? This class will teach your child more about dinosaurs and plants through songs, play time, and dancing!

### *Blocks & Clocks*

Telling time and tumbling toys, oh my! This class will allow your child to build and strengthen fine motor skills while learning how to tell time. This class will include group play activities and more.

### *Playgroup (0-12 months AND 3-5 years)*

Come meet some new friends! Both you and your little are guaranteed to make a buddy at this playgroup. This is a great opportunity to get out of the house and have some fun!

## COVID UPDATES

- You **MUST** be enrolled in a class to participate. Walk-ins will not be accepted. Check out our drop-in calendar for walk-in availability.
- If classes are held outside, be mindful of the weather as it may be chilly in the morning or warm in the afternoon.
- All individuals **MUST** sanitize their hands upon arrival. You may also wash your hands at our sink or restroom.
- Please arrive at class 10-15 minutes early. Check in takes a few extra minutes.
- You will need to fill out a health screening questionnaire and have everyone's temperature taken via infrared upon arrival.
- All individuals ages 2 years and up **MUST** wear a face covering. We encourage you to bring your own but we can provide you a mask if you do not have one.

*Help us keep you, your littles, your family, the staff, and our community safe!*

Classes are for parents/caregivers and children ages 0-5 years to participate in together.

Open by Appointment Only  
707-784-1240  
vallejofirst5center@gmail.com

Open Play Space is **CLOSED**  
until further notice.