

Mental Health Services Act FY 23-24 Annual Update

Community Planning / Stakeholder Meeting



WELLNESS • RECOVERY • RESILIENCE



Demographic Survey

Spanish



English



Land Acknowledgement

We acknowledge the land on which we are gathered. For thousands of years, this land has been the home of the Native American tribes of the Suisune, the Patwin of the Wintun tribes, Miwuk, Karkin Ohlone, Yoche Dehe, and the countless other California tribes that are the original stewards of this land. We honor Solano County's ancestral grounds. We recognize the history of genocide and continued inequities experienced by the Native American People in Solano County. The forced cessation of Native Americans on this land is an open wound. We would like to acknowledge the displacement and lost lives due to colonization and ongoing disparities. We honor those who have passed and those who continue to maintain the traditions of this vibrant culture that benefit us today.

Pronunciation Guide: Suisune - Sis-SOON-ee; Patwin - PUT-win; Wintun - Win-TUN; Miwuk - ME-wuk; Karkin Ohlone - Kar-KEEN Oh-lone-EE; Yoche Dehe - Yo-CHA De-HEE





Inclusion Statement

- SCBH is committed to equity, diversity, and inclusion. Our services aim to empower all community members throughout their journey towards wellness and recovery. It is also of equal importance for us to improve access to quality care for underserved and under-represented ethnic and minority populations who have been historically marginalized by health care systems. We value the importance of employing staff who possess valuable life experiences and expertise to ensure our workforce is culturally and linguistically responsive and leverages diversity to foster innovation and positive outcomes for the people we serve.





Agenda

- Introductions
- Overview of MHSA
- MHSA Requirements
- Solano MHSA Fiscal Year 2023/24 Program Planning



Mental Health Services Act

- November 2004:
 - CA voters passed Proposition 63
 - Created the Mental Health Services Act (MHSA)
 - Effective January 1, 2005
 - Expanded mental health services and community-based service delivery
 - Provided a broad continuum of supportive and prevention services; early intervention services; housing support; infrastructure; technology upgrades; and training
 - Promoted a “whatever it takes” approach for consumers with the highest-needs
- MHSA Vision Statement:
 - “To create a state-of-the-art, culturally-competent system that promotes recovery and wellness for adults and older adults with severe mental illnesses and resiliency for children with serious emotional disorders, and their families”



Mental Health Services Act

- In 2004, California voters passed Proposition 63, the Mental Health Services Act (MHSA) imposing a 1% tax on annual personal incomes in excess of \$1,000,000 to expand mental health services.
- MHSA funds approximately 30% of the County's mental health programs.
- Requires each county to create a MHSA Plan every 3 years in order to provide a culturally responsive continuum of care that promotes wellness and recovery.
- MHSA values include:



What year did
Proposition 63 pass?

Pop Quiz



Upcoming Changes to MHSA

- March 2024:
 - CA voters passed Proposition 1
 - Effective January 1, 2025
 - Renames MHSA to the Behavioral Health Services Act (BHSA) Effective January 1, 2025
 - Funding component changes do not take into effect until 2026
 - Expands original MHSA to include SUD services and additional housing interventions
 - Reduces local funding to support statewide initiatives and oversight
- Waiting on guidance from state for implementing BHSA
- Using the term “MHSA” until the next FY 2024/25 Annual Update



Guiding Principles of MHSA

- Improves access to services
- Targets unserved and underserved persons
- Expands mental health services for Children, Transition Age Youth, Adults, and Older Adults
- Creates an integrated array of services
- Promotes community collaboration
- Ensures cultural diversity, equity, and inclusion
- Promotes services that utilize best practices and professional standards



What is one of the
guiding principles of
MHSA?

Pop Quiz



MHSA Planning Requirements

- Solano County Behavioral Health (SCBH) must develop the following for MHSA:
 - Three-Year Program and Expenditure Plans (planning for the next 3 FYs)
 - Annual Updates (to the current Three-Year Plan; allows for program changes)
 - Annual Revenue and Expenditure Reports (fiscal reporting to the state)
- Plans and Annual Updates
 - Developed by SCBH
 - Informed by the Community Program Planning Process (CPPP) facilitated by SCBH

CPP Meetings

30-Day Public Comment Period

Public Hearings

Committees

Response to Public Comment

Board of Supervisors



Community Program Planning Process

- MHSa requires a Community Program Planning Process (CPPP) that includes:
 - Community Collaboration - working together with clients and/or families, other community members, organizations, and businesses to share information and resources to achieve a shared vision and goals
 - Stakeholder Engagement - conducting community meetings, focus groups, and surveys to facilitate community participation and input from diverse groups of individuals



MHSA Stakeholders

- Community / General Public
- Clients and their Family Members
- SCBH Staff
- Community / Contract Providers
- Partner Agencies
- All Groups (Ages, Races/Ethnicities, Gender Identities, etc.)



Which groups of people are considered MHSA stakeholders?

Pop Quiz



MHSA Funding Components

- MHSA has 5 funding components, each with its own area of focus:
 - Community Services and Supports (CSS), including Housing Supports
 - Prevention and Early Intervention (PEI)
 - Innovation (INN)
 - Workforce Education and Training (WET)
 - Capital Facilities and Technological Needs (CFTN)



State Allocation of Current MHSA Funding Categories

- **Community Services and Supports (CSS) - 76% (Majority to FSPs)**

- General Core Services
 - ✓ Outpatient Treatment
 - ✓ Crisis Intervention
 - ✓ Wellness Centers
 - ✓ Housing Services
- Full-Service Partnerships (FSPs)

- **Prevention and Early Intervention (PEI) - 19%**

- School-based Services
- Outreach to Older Adults
- Suicide Prevention

- **Innovation (INN) - 5%**

- Funds activities that increase access, increase quality, and promote interagency collaboration
- Must be approved by the CA Mental Health Services Oversight Accountability Commission (MHSOAC)

- **Workforce Education and Training (WET) - 0%**

- No funds set aside, can be funded from CSS
- Workforce, Internships, and Training

- **Capital Facilities/Technology Needs (CFTN) - 0%**

- No funds set aside, can be funded from CSS
- Funds necessary upgrades to county facilities and technology systems used for MHSA staffing, service delivery, and meeting client needs.



How many funding components does MHSA have?

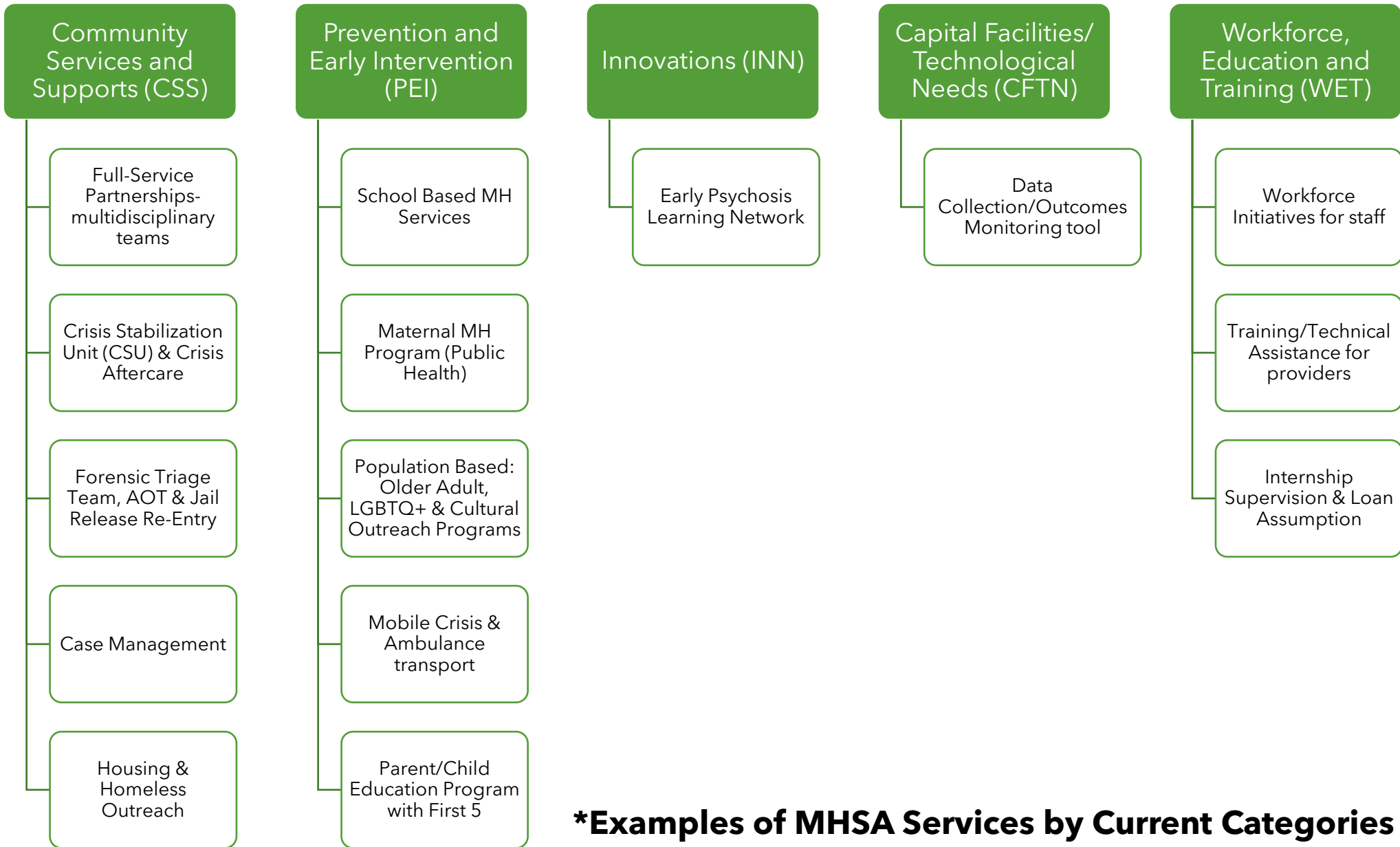
Pop Quiz



Key Elements of Current Solano MHSA Programs

- Focus on children, youth, and families
- Collaboration with schools
- Transition Age Youth (TAY) activities
- Suicide Prevention activities
- Increased in-home and community-based services
- Collaboration with Diversity, Equity, and Inclusion (DEI) principles and activities
- Wellness activities





***Examples of MHS Services by Current Categories**



MHSA FY 2023/24 Planning Activities

- Community Program Planning (CPP) Activities for MHSA FY 2023/24 Annual Update
 - June 10th 10am-11:30am at 675 Texas Street Fairfield, CA 94533
 - June 10th 4:00pm-6pm via Zoom
 - June 11th 1:00pm-2:00pm (SCBH All Staff Meeting)
 - June 18th 3:30pm-5:00pm (Behavioral Health Advisory Board)





MHSA Key Issues Survey





Thank you



Eugene Durrah, LCSW

Equity Services Manager

Kristine Lalic

MHSA Project Manager



SolanoMHSA@SolanoCounty.com



<https://www.solanocounty.com/depts/bh/mhsa/>