

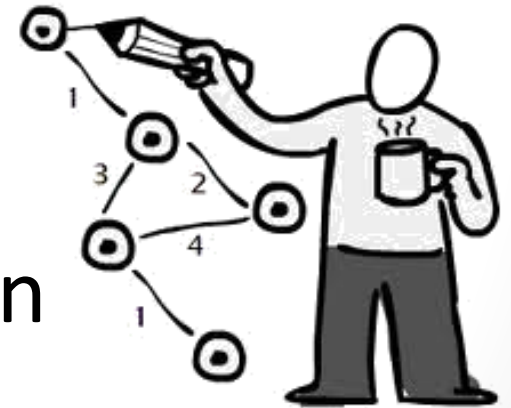
Solano County Behavioral Health: Mental Health Services Act (MHSA) Annual Update FY18/19

A Look Back at FY 2017/18

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Meeting Overview

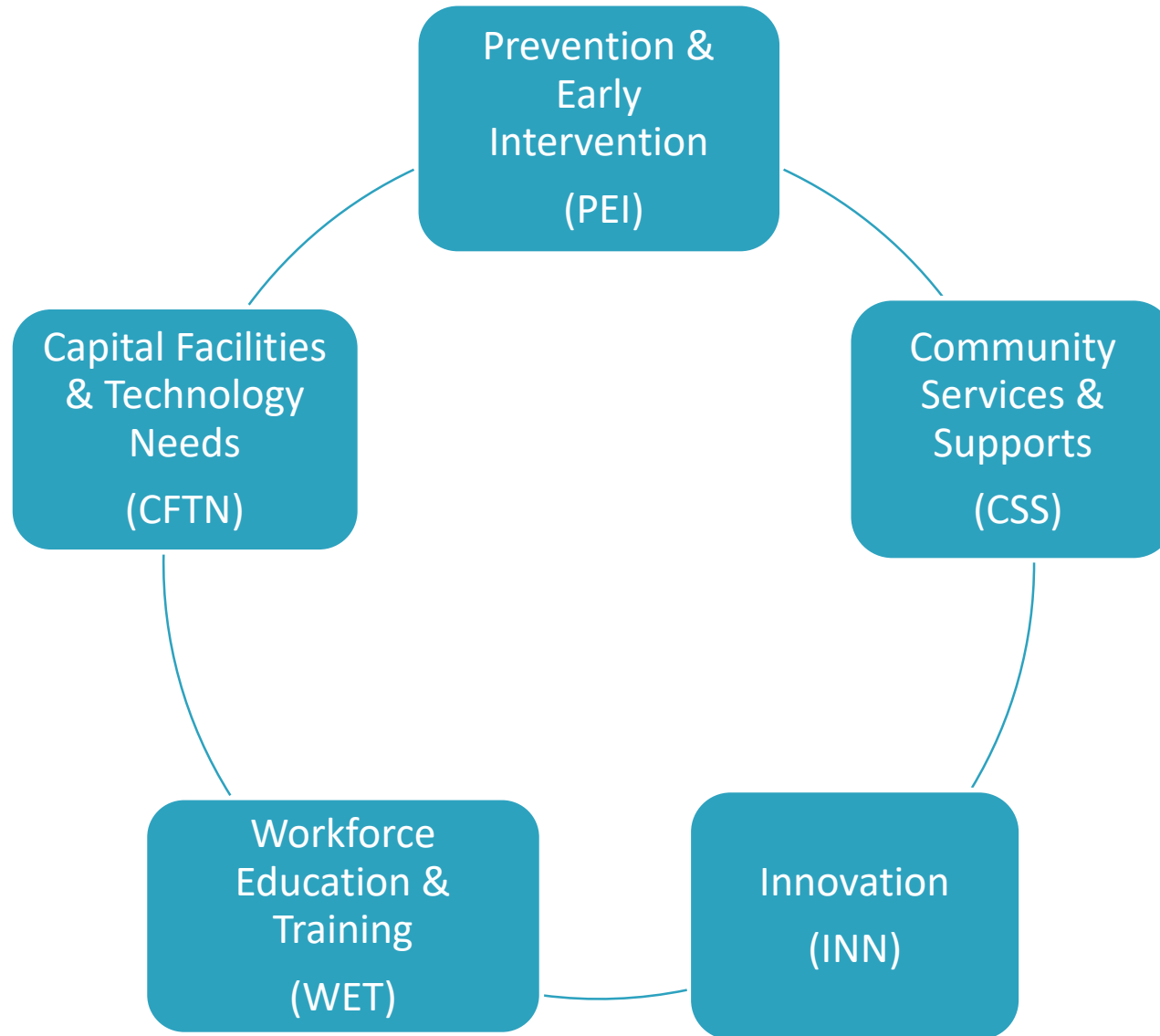
- Mental Health Services Act (MHSA) Refresher
- MHSA Updates
- A Closer Look – Outcomes for MHSA Components & Services FY 17/18
- Themes of Feedback
- Stakeholder Feedback Activity & Discussion
- Next Steps—MHSA Annual Update



Mental Health Services Act (MHSA)

- **In November 2004, California voters passed Proposition 63, which imposes a 1% tax on personal income in excess of \$1 million to provide funding to support County mental health programs.**
- **Mission & Values of MHSA Include:**
 - Community collaboration
 - Promotes cultural competence
 - Decreases stigma
 - Increases access to unserved and underserved groups
 - Creates individual and family-driven programs
 - Philosophy of a wellness, recovery and resilience
 - Promotes an integrated service experience
 - Outcome-based programs

MHSA Program Components



MHSA Updates

- Closure of Area Agency on Aging
- Choice in Aging will be new provider for Older Adult PEAS program
- Closure of Interfaith Council: Heather House Shelter
- New CSU Provider-Crestwood
- MIOCR Juvenile Diversion Program
- Expanded Seneca TAY FSP to provide Commercially Sexually Exploited Children/Youth (CSEC) services
- *New Service:* Triple P Model for Early Childhood Programming

Prevention & Early Intervention (PEI) Programs

Community-wide PEI Strategies

Suicide Prevention & Stigma Reduction Efforts

- **107** county and community partners attended **5** suicide prevention trainings
- Distributed suicide prevention school toolkits to **45** middle and high schools
- In partnership with the Suicide Prevention Committee, a countywide *Suicide Prevention Strategic Plan* was developed with community stakeholder input
- County facilitated **5** Mental Health First Aid (MHFA) trainings, with **68** participants. **1** of these trainings was MHFA-Youth curriculum delivered in Spanish for **11** Spanish-speaking parents

PEI Programs At a Glance

	PREVENTION	INTERVENTION	
	Outreach events, trainings, classes, workshops, mental health screenings	Support groups, mental health assessments, short-term individual or group treatment	
Program/Service Type	# of Individuals Served	# of Individuals Served	Services Provided By
Early Childhood PEAK (ages 0-5)	2740	11	First 5 Solano Sub-Contractors: Uplift Family Services, Child Haven, and Solano Family and Children's Services
School-Based Mental Health Services	1883	166	A Better Way, Rio Vista CARE, Solano County Office of Education
Older Adult Programs (60+)	1481	143	Area Agency on Aging, Faith in Action
African American Faith-Based Initiative (AAFBI): Mental Health Friendly Communities (MHFC)	877	NA	AAFBI Consultants: Gigi Crowder, Pastor Horacio Jones, Minister Monique Tarver
Family & Peer Support	765	64	National Alliance on Mental Illness (NAMI) Solano
Early Psychosis Program (ages 12-30)	265	43	Aldea (consultation supported by UC Davis)
LGBTQ Outreach & Access Program	1133	36	Solano Pride Center
Pregnant & Postpartum Maternal Support	22	5	Solano County Public Health Maternal Child and Adolescent Health (MCAH)
Total Individuals Served	9166	468	

A Closer Look—Outcomes for PEI Programs

- Of the **543** primary caregivers who attended a *PEAK* workshop, **100%** demonstrated increased knowledge on the presented topics. Of the **213** providers who attended a workshop, **98%** demonstrated increased knowledge. **1660** calls were made to the *Help Me Grow Solano Line*, and of those calls **10%** resulted in referrals made to mental health services and **90%** resulted in referrals made to other appropriate services.
- Of the **86** youth consumers who received short-term mental health services through *A Better Way's (ABW) School-Based Program*, **67%** showed improvement in symptoms and of the **24** youth consumers who received short-term mental health services through the *ABW MIOCR Diversion Program*, **79%** showed improvement in symptoms using on at least one measurement tool (Beck Depression Inventory, Beck Anxiety Invention, Beck Anger Inventory, etc.).
- Using peer volunteers, *Faith in Action* was able to coordinate regular home visits for **77** homebound older adults, and reassurance calls for **87** older adults. Of the **24** consumers who received 1:1 peer counseling, **88%** demonstrated an overall improvement in depression symptoms and of the **66** consumers who received group and virtual counseling, **83%** showed improvement on the Quality of Life survey.

A Closer Look—Outcomes for PEI Programs

- Of the **37** older adult consumers who were served with early intervention services by *AAoA's PEAS Program*, **86%** demonstrated improvement in functioning on at least one measurement tool (PHQ-9 Depression, GAD-7 Anxiety, Quality of Life).
- Of the **43** consumers who received early psychosis treatment thru *Aldea SOAR* at the 6-month mark, **92%** demonstrated improvement relative to overall symptom severity and **91%** of the consumers received education support or a referral to an employment program.
- Of the **17** consumers who received 1:1 counseling services through the *Solano Pride Center*, **94%** demonstrated improvement in functioning on the Quality of Life survey.
- Of the **64** participants who attended *NAMI* support groups, **79%** of consumers strongly agreed that the support groups were helpful to them.

Innovation (INN) Project

Innovation Project

U.C. Davis – Center for Reducing Health Disparities, the County and 3 CBO Partners, Fighting Back Partnership, Solano Pride Center, and Rio Vista CARE are working collaboratively to implement the ***Mental Health Interdisciplinary Collaboration and Cultural Transformation Model*** focused on the underserved communities in Solano County; Latino, Filipino, and LGBTQ communities.

Phase I Completed During 1st Year of the Project:

- Comprehensive Health Assessment Completed by UCD included:
 - Key Informant Interviews
 - Focus Groups
 - Community Forums
 - Surveys
 - Baseline data from the County Electronic Health Record
 - 3 Narrative Reports



A Closer Look– Innovation Project

What makes this innovative?

Nationally recognized Culturally and Linguistically Appropriate Service (CLAS) standards were incorporated with the information gathered from the 3 target communities during Phase I of the project to design a training curriculum that is geared to our local community. The participants that completed the CLAS training cohorts then develop Quality Improvement (QI) Action Plans to help improve access to services for the underserved communities, and in doing so the goal is to improve the system of care to ensure we are culturally responsive to ALL consumers served.

Phase 2 Outcomes for FY 17/18:

- 2 CLAS Training Cohorts completed with 37 participants
- 8 QI Action Plans were designed by the first 2 CLAS Cohorts

Phase 3 Pending:

- 3rd CLAS Training Cohort began August 2018
- QI Action Plans will be implemented
- Ongoing and Final Evaluation

Community Services & Supports (CSS) Programs

Full Service Partnerships (FSP) At a Glance

- **County and Contractor-Operated Full Services Partnership (FSP) Programs served 549 individuals**
 - 9 children (ages 0-5)
 - **175** children (ages 6-15)
 - **97** Transition-Age Youth (TAY) (ages 16-25)
 - **233** Adults (ages 26-59)
 - **35** Older Adults (60+)



107 were forensic consumers served by FACT Program, **45** consumers were served by the Caminar HOME FSP and were homeless or at risk of homelessness at intake.

12 consumers identified as being Commercially Sexually Exploited Children/Youth (CSEC) or at high risk for CSEC were referred and opened to the Seneca TAY FSP Program.

A Closer Look—Outcomes for FSP Programs

Total FSP Consumers Served	Hospitalized 1 Time During Annual Period	Hospitalized 2 or More Times During Annual Period	Incarcerated During Annual Period	Experienced 1 Episode of Homelessness During Annual Period	Experienced Placement Loss (children/youth only) During Annual Period
Adult FSP Programs Served 303 consumers	11% (33)	3% (9)	5% (14)	6% (18)	NA
Youth FSP Programs Served 246 consumers	10% (25)	2% (6)	2% (4)	6% (14)	15% (36)

General Systems Development (GSD)

Programs At a Glance

Programs/Service Type	# of Unduplicated Individuals Served	Services Provided By
Crisis Stabilization Unit	1622	Exodus Recovery, Inc.
Relapse Prevention & Crisis Aftercare	200	Bay Area Community Services (BACS)
Mentally Ill Offender Crime Reduction (MIOCR)	102	Solano County Sheriff's Office with sub-contractor BACS
KAS Program	49	Seneca
Wellness & Recovery Unit (County)	340	SCMH
Adult Wellness & Recovery Centers	651	Caminar & Circle of Friends
Cooperative Employment COOP	23	Department of Rehab (DOR) & Caminar
CARE Clinic	20	Child Haven

A Closer Look—Outcomes for CSS Services

- Of the **20** children who completed the *Child Haven CARE Clinic*, **84%** demonstrated improvement on the Child Behavior Checklist and **100%** successfully transitioned back to school.
- Of the **49** consumers enrolled thru the *Seneca Katie A. Services (KAS) Program*, **94%** partially or fully achieved their treatment plan goals and **71%** had increased their natural supports.
- Of the **30** consumers who received treatment thru the *Seneca TAY FSP Program*, **77%** had experienced a reduction in hospitalization and **89%** had achieved or maintained stable housing.

A Closer Look—Outcomes for CSS Services

- Of the **200** consumers served by Crisis After-care program thru *BACS PEP program*, only **6%** had a psychiatric hospitalization readmission during the fiscal year. Of those served **84** consumers identified with a substance abuse condition and **100%** were referred to substance abuse services.
- **70** consumers who attended the *Circle of Friends Wellness Recovery Center* participated in vocational rehab services, and of those **76%** became volunteers at the Center, and **39%** secured a job outside of the Center.
- Of the **68** of consumers who attended the *Caminar Wellness Recovery Center*, **72%** demonstrated improvement on a Quality of Life scale.

County Outreach & Engagement Team At a Glance

Homeless Outreach (Adults & TAY aged)



- 970 individuals served w/ outreach activities through 13 presentations, 6 workshops, and 17 community events
- 62 individuals received a screening, case management, and/or linkage
- 27% successfully enrolled as new consumers to the mental health system and 29% were re-enrolled
- 5% secured housing funds or were housed by outreach team

Filipino Outreach



- KAAGAPAY means "Reliable Companion" or "Helping Hand"
- 38 outreach activities provided
- 31 individuals received a screening, case management, and/or linkage

Latino Outreach



- 630 individuals served w/ outreach activities through 19 presentations, 22 workshops, 16 individual contacts, and 4 community events
- 10 individuals received a screening, case management, and/or linkage
- 30% enrolled as new consumers to the mental health system and 10% were re-enrolled

MHSA Funded Housing Programs



Urgent Respite Housing (1-5 nights)

135 consumers were served



Supported Housing

67 consumers received long-term permanent housing
11 consumers received short-term transitional housing



Shelter Housing

16 consumers were housed from July 2017-April 2018

Workforce Education & Training (WET) Initiatives

WET Initiatives At a Glance

- **Crisis Intervention Team (CIT) Training—Law Enforcement**
 - 24 Peace Officers trained
- **Eating Disorder Training**
 - 35 training participants
- **1st Mental Health Career Pipeline Event Held**
 - 37 high school students from Vallejo High and Jesse Bethel High



Capital Facilities & Technology Needs (CFTN) Initiatives

CFTN Initiatives At a Glance

- **Capital Facilities: No projects in FY 17/18**
- **Technology Needs** Electronic Health Record Implementation – MyAvatar a three phase implementation – began July 1, 2013. Phases I and II are completed.
 - The Avatar Electronic Health Record (EHR) system now has **322** users and over **200** custom reports
 - **Phase III completed projects include:**
 - Hosting
 - Key Performance Index (KPI) Dashboard
 - **Still In Progress or Pending:**
 - Point of Service Scanning
 - Health Information Exchange
 - Mobile Connect

Stakeholder Feedback Themes

Added After Stakeholder Meetings Held on 9/13/18

- **Children**

- Increase Mental Health Services in Schools
- More Support Groups - Children/Youth & Parents
- Trauma-Informed Care/Increase Bilingual Staff

- **Transition Aged Youth (TAY)**

- Academic Services-Vocational Training
- Teen Shelters
- More Support/Services for CSEC Population

Stakeholder Feedback Themes

Added After Stakeholder Meetings Held on 9/13/18

- **Adults**

- Employment Services - IPS Employment Model
- Expanded Case Management
- Perinatal/Post Partum Mental Health Services

- **Older Adults**

- Support Groups for Seniors
- Support Groups for Grandparents Raising Grandchildren
- Caregiver Support (transportation, respite services)

Stakeholder Feedback Themes

Added After Stakeholder Meetings Held on 9/13/18

- **Special Populations**

- Support & Services for Native Americans
- Training/Education on Working with LGBTQ Community
- Training for Working with Co-Occurring Mental Health & Developmental Disabilities

- **Housing & Homelessness**

- Master Leasing
- Increase Housing for Seniors
- Housing for Youth
- Hygiene Services (mobile showers, laundry, etc.)

Stakeholder Feedback Themes

Added After Stakeholder Meetings Held on 9/13/18

- **Overall**
 - Mobile Crisis - Ranked the Highest
- **Other Important Initiatives**
 - Educate Community on Definition of “Grave Disability” & Conservatorship Process
 - Repeal City Ordinances Not Allowing Faith Centers to Serve Food to Homeless Population
 - Identify Homebound Seniors for Disaster Preparedness
 - County Support to Strengthen Non-Profit Organizations

Graffiti Wall: Open Space



Posted around the room you will find flipchart paper with categories broken down by age, special populations, and housing. Please keep the following in mind as you provide feedback:

New ideas or services that are needed?

¿Que son nuevas ideas o servicios que se necesitan?

Meron ka bang bagong ideya o serbisyong kailangan?

Graffiti Wall: Group Discussion Group Agreements

Open-mindedness: listen to and respect all points of view.

Acceptance: suspend judgment as best you can.

Curiosity: seek to understand rather than persuade.

Discovery: question old assumptions, look for new insights.

Sincerity: speak for yourself about what has personal heart and meaning.

Brevity: go for honesty and depth but don't go on and on.

Next Steps MHSA Annual Update

- Regional Stakeholder Meetings
- MHSA Annual Update Document
- Post MHSA Annual Update Document for 30-day public comment
- Public Hearing– Mental Health Advisory Board Meeting Public Hearing– November 13, 2018, 2101 Courage Drive, Multi-Purpose Room, Fairfield, CA 94533
- Solano County Board of Supervisors approval – December 2018
- Submission to the California Mental Health Services Oversight and Accountability Commission (MHSAOAC) for approval

Key Behavioral Health Contacts

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