

SOLANO COUNTY OVERWEIGHT, OBESITY AND PHYSICAL INACTIVITY RATES

Overweight Rate in 5th, 7th and 9th Graders, by School District 2013-2014



Source: FITNESSGRAM Physical Fitness Testing, California Department of Education, 2013-2014. (Obtained through Community Commons)

PERCENTAGE OF 5TH, 7TH AND 9TH GRADERS WHO ARE OVERWEIGHT:

Solano County: 20.4%

California: 19.3%



*Children in 5th, 7th and 9th grade
Source: FitnessGram, California Department of Education, 2015

Obesity Rate in 5th, 7th and 9th, Graders, by School District 2013-2014



Source: FITNESSGRAM Physical Fitness Testing, California Department of Education, 2013-2014. (Obtained through Community Commons)

PERCENTAGE OF 5TH, 7TH AND 9TH GRADERS WHO ARE OBESE:

Solano County: 20.9%

California: 19.0%



2 IN 3

Solano County adults 18 years old and older are obese or overweight

Source: California Health Interview Survey, Center for Health Policy Research, UCLA, 2012-2014
Solano County: 66%
California: 61%

On average, FEWER Solano County youth are ACTIVE compared to California youth.

4 IN 9

Solano County youth* are physically inactive



Percentage of 5th, 7th and 9th graders who are physically inactive:

Solano County: 44.0%

California: 35.9%

Source: FITNESSGRAM Physical Fitness Testing, California Department of Education, 2013-2014. (Obtained through Community Commons)

Percentage of adults 20 years old and older with no leisure time for physical activity:

Solano County: 18.2%

California: 16.6%

Source: National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, 2012.